

JOBS IN DIETETICS

(visit "For Students" on AND website: www.eatright.org)

The opportunity for jobs in nutrition is wide open. Nutrition has never been a "hotter" topic and will remain so for years to come. There is an ongoing need for sound nutrition information as each new generation goes out for sports, has babies, fights obesity, prevents or recovers from illness, and wants to stay healthy as it grows older.

CLINICAL = hospitals/acute care facilities:

Acute care / clinical/ in-patient facilities
(+ certifications: DM, renal, pediatric,
nutrition support, lactation, wt counseling)
Academia / Education / Research
Ambulatory care / rehab facilities
Consultant / Counseling (in hospital or online)
Exercise physiology
Home health care consultant / LTC
Medicine
Nursing home owner
Nutrition therapists:
-integrative medicine
-nutrition genomics
-functional nutrition therapy
Pharmaceuticals
Psychotherapeutic counseling skills

COMMUNITY = non-hospital/acute care facilities:

Agencies (Dairy Council, Health Dept, WIC, etc.)
Celebrity dietitian (actors, royalty, dignitaries)
Consultation & business
Cooperative Extension Service
Corporate wellness / employee health
Cruise line
Education & research
Farmer, commercial (sell to local restaurants,
personal chefs, farmers' markets)
Government
Health promotion
Law
Marketing & sales
Media: (broadcasting; spokesperson; personality)
Military nutritionist (relates to sports nutrition)
Online nutrition business
Overseas dietitian (civilian in Army, embassies)
Pet nutrition clinician (work with veterinarians)

Product inventors: (i.e., fruit-sweetened
cookies; diet card/board games;
educ'l videos; computer data company)
Professional sports RD (usually 15 hrs/wk; few jobs)
Public relations firm owner
Public speaking
Publishing house owner
Schools, public & private
Sports nutritionist
Wellness / fitness manager / coordinator
Workplace prevention
Writing / editing / NYT bestseller / textbooks

FOOD SERVICE/FOOD SCIENCE:

Business management
Caterer
Chefs / cooking classes (wt loss, gourmet,
"natural," & heart healthy are popular)
Culinary arts & nutrition consulting to movie
stars, spas, restaurants, fast food chains
Food technology
Foodservice management / inventory control
Management expertise in decreasing
incidence of malnutrition
Military
Private practice w/ MD, PhD, dentist, etc
Product manufacturing
Schools, public & private

~~~ CREATE YOUR OWN DESTINY ~~~

FIU, Dept. of Dietetics & Nutrition, rev. 2/2012