

DEPARTMENT OF DIETETICS AND NUTRITION NEWSLETTER

Message from the Chair

Dear friends and colleagues,

It is with great pride that I share our 2025–2026 newsletter. This past year has been one of remarkable productivity, visibility, and engagement across all areas of our mission—teaching, research, service, and community impact.



This year, our **faculty** demonstrated outstanding leadership, scholarship, and service at local, national, and international levels. Faculty secured significant external funding, received prestigious university and professional awards, and assumed influential leadership roles within national organizations. They contributed actively to advancing nutrition science through high-impact research, invited presentations, editorial leadership, and extensive participation in scientific conferences. They were also highly visible in the media and in policy and advocacy efforts, translating evidence-based nutrition science into practice and shaping conversations that impact public health.

Equally impressive are our **students'** accomplishments. Undergraduate, master's, doctoral students, and dietetic interns earned competitive scholarships, research awards, and travel grants; presented their work at institutional, regional, and national conferences; and were recognized for scholarly excellence and professional promise. In this academic year, we graduated 4 PhD students!

Together, these achievements reflect a deep commitment to excellence, innovation, and service to the profession and our communities. They also underscore the strength of our academic programs and the dedication, resilience, and talent of our students.

Sincerely,

Cristina Palacios, Professor and Department Chair

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OUR DEPARTMENT AT A GLANCE

Number of students in 2025-2026

- **Undergraduate:** 215
- **MS:** 88
- **Ph.D.:** 16
- **DI interns:** 25

Rankings

FIU #1
In Florida

THE WALL STREET JOURNAL.

AMERICA'S BEST
COLLEGES 2026

IN COOPERATION WITH COLLEGE PALM AND statista



#11

Best dietetics major among public universities



#1

Best dietetics major in Florida

#3

Best Master's in Dietetics Programs

FACULTY AWARDS



Dr. Marianna Baum was awarded a large U01 entitled "Cohort Studies of HIV/AIDS and Substance Use in Miami" from National Institutes of Health NATIONAL INSTITUTE ON DRUG ABUSE for \$7,372,834



Dr. Cristina Palacios was elected to serve on the ANDP Board of Directors as Member-at-large.

Dr. Cristina Palacios was awarded the [FIU Transformative Research Impact award April 2026](#)



Dr. Jacqueline Hernandez was awarded \$50,000 through the RCMI Pilot Program. She was also invited to attend the NIDDK Clinical Methods for Nutrition and Obesity Research Course, on February 23-26, 2026, at Pennington Biomedical Research Center in Louisiana.



Dr. Padideh (Padi) Lovan was awarded the RCMI Travel award to attend the SNEB 2026 Conference



Dr. Preciosa Martinez-Motta, visiting professor, won 3rd place in the Emerging Leaders in Nutrition Science Poster Competition



Dr. Pia Henfridsson won 1st place for Best Oral Presentation at the 23 AMNET International Conference & 1st FIU Population Health Initiative International Conference. She was selected for the RCMI Pilot Program for 2026–2027 (\$50,000). She was elected Program Chair-Elect, South Florida Academy of Nutrition and Dietetics (SFAND), 2026–2027, and appointed Mentor/Expert Member, NIH AIM-AHEAD Consortium (AI for Health Equity), 2026–Present.

OTHER AWARDS AND SCHOLARSHIPS



Janet Diaz Martinez, PhD, RDN

2026 Commission on Dietetic Registration Student-Faculty Collaborative Research Grant

Integrating Community Health Workers into Medical Nutrition Therapy: A Student-Faculty Pilot Testing a Behavioral Reinforcement Model to Sustain Nutrition Self-Management in a Safety-Net Clinic

Florida International University

"This grant allows us to test a model I have envisioned through years of clinical practice, one that keeps the registered dietitian at the center of nutrition care while giving community health workers a structured role in helping patients sustain day-to-day nutrition self-management behaviors. For the dietetic intern, this is a chance to learn applied research and culturally responsive nutrition care alongside a team in a real community setting."



PhD candidate **Susmita Chowdhury** was awarded the ASN-National Pork Board grant for \$10,000.



Massiel Infante Moure, of Coral Gables Hospital received the Preceptor of the Year Award from the Florida Academy of Nutrition and Dietetics this spring. Since 2024, Massiel has precepted six of our dietetic interns for their Clinical and Foodservice rotations, which has led to full-time employment opportunities for five of our dietetic interns upon completion of the dietetic internship program. Massiel's excellence in providing meaningful learning experiences and her unwavering support for our interns embody the very best of what it means to serve as a preceptor.

eatrightfoundation.org/scholarships
Questions? Email us at scholarship@eatright.org.



Ariana Bolivar, MS, RDN, LDN

Florida International University

Ariana Bolivar is an RDN and PhD candidate at Florida International University (FIU). Ariana's own challenges with nutrition and eating behaviors motivated her to build a career in nutrition and dietetics. Ariana received her master's degree and completed her dietetic internship from FIU summer 2022. Shortly after she started the PhD program where she is now conducting her dissertation research that focuses on eating behaviors & styles, interoception, and its relationship with acculturation and body satisfaction amongst Hispanic midlife women. She has worked as a dietitian in a culturally diverse setting and has been providing patients with personalized dietary recommendations that respect cultural food practices while promoting healthy habits, including self-regulation. After graduation, Ariana looks forward to continuing research in the community and guiding the next generation of dietitians.

"Receiving this scholarship is both an honor and a source of encouragement as I pursue my PhD. It has alleviated the financial burden of my research project, allowing me to focus more fully on my research without worrying about limited funds. I am deeply grateful for this reward, as it has encouraged me to keep working hard, knowing that others believe in my goals and my future."

STEMPLE RESEARCH DAY



PhD Candidate **Alexandra Briceno** won 2nd place



PhD Candidate **Gabriela Proaño** won 3rd place



PhD Candidate **Ariana Bolivar** won 3rd place

Stemple Travel Awards



2026 Spring Travel award won by **Niliarys Sifre** and **Arianna Bolivar**

2026 Summer Travel award won by **Gaby Proaño** and **Ayodele Tyndall**

OTHER STUDENT AWARDS AND SCHOLARSHIPS



MS student, **Sofia Arraut**, was awarded the UDIM and Florida Milk Scholarship from Diversify Dietetics



Student Dietetic Association was a finalist for the 2026 Outstanding Service Award



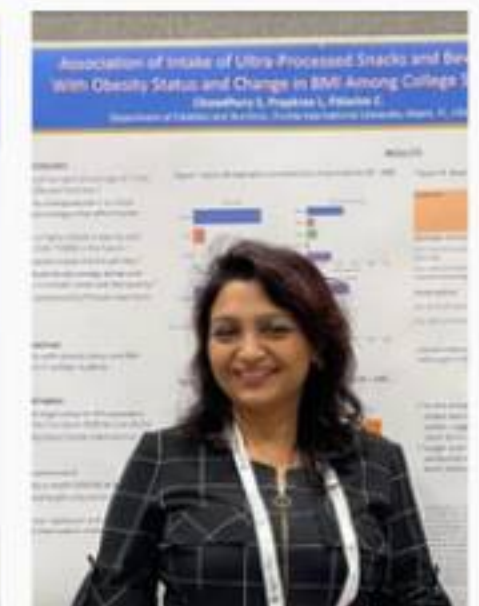
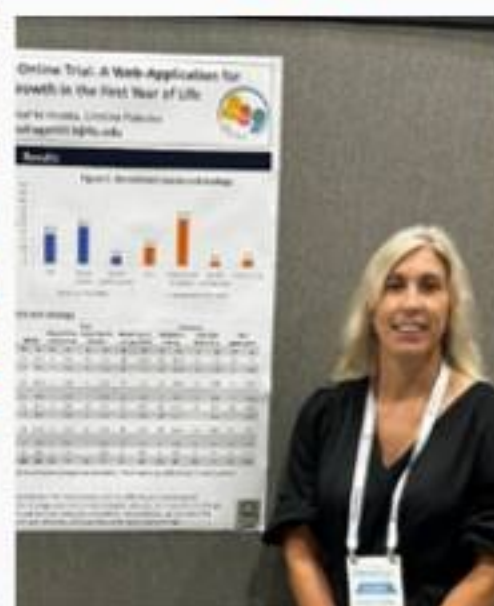
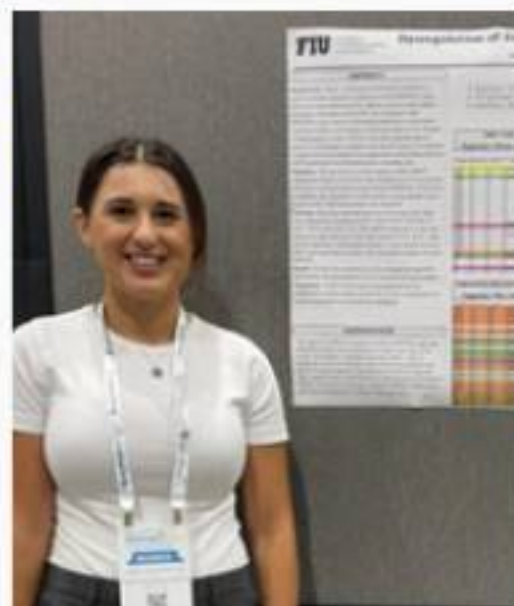
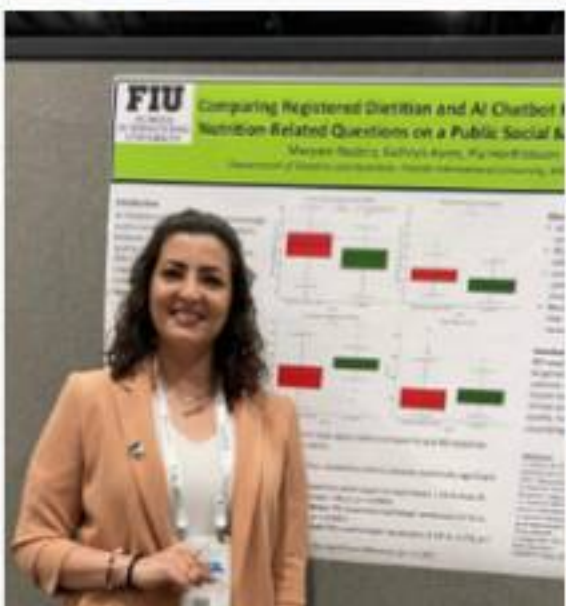
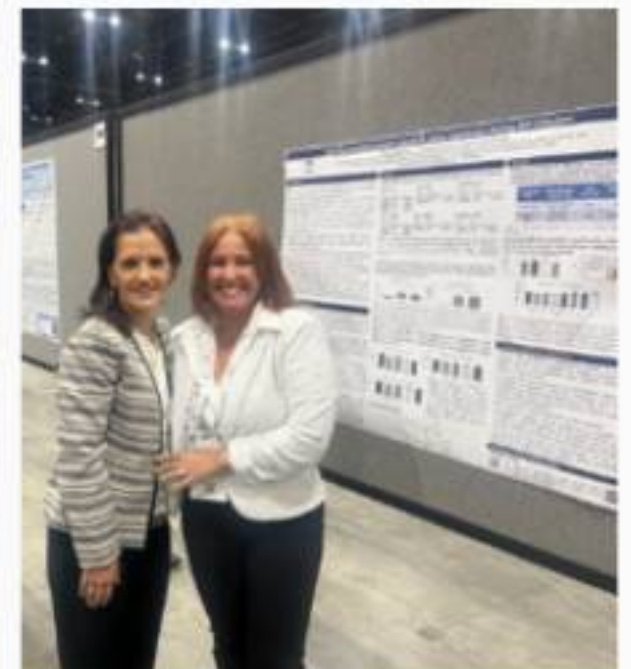
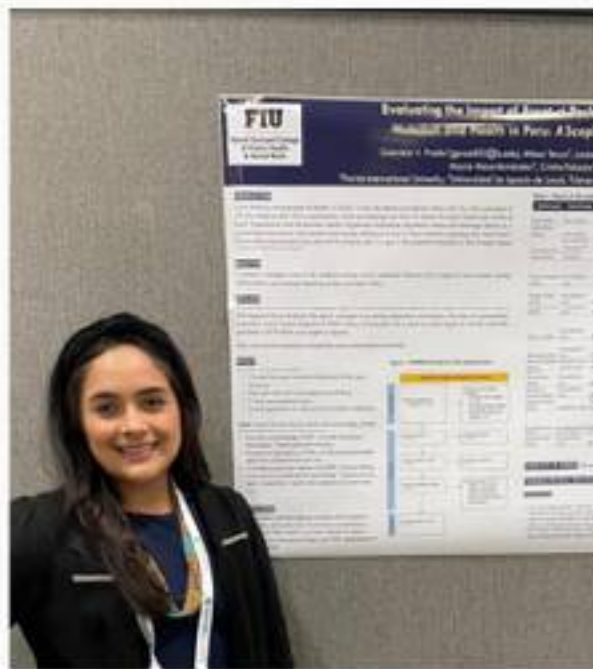
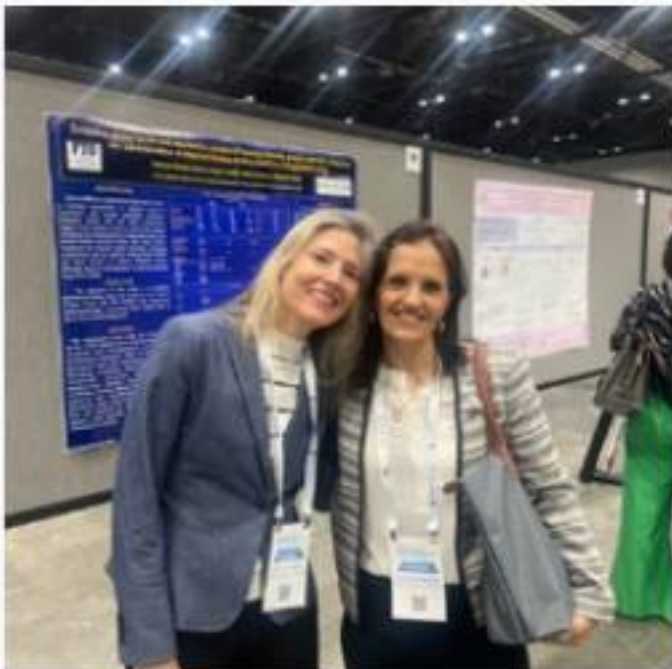
Giovanni Junqueira Garotti to break the Guinness World Record for the youngest person completing an Ironman in all 6 continents.

NUTRITION 2025 CONFERENCE

Our department hosted an Alumni event at this conference



19 faculty and students presentations (oral or poster)



FNCE 2025

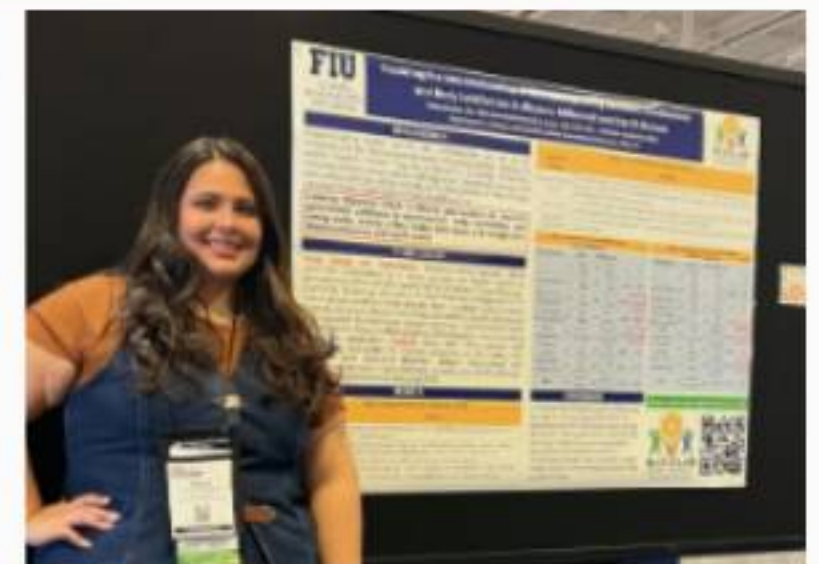


Prof Fernandes represented our department at the 2025 FNCE NDEP-Sponsored Dietetic Supervised Practice Program (DSPP) Fair.

Students and prospective dietetic interns learned more about various supervised practice programs across the country.



Dr. Coccia and her students and colleagues presented posters



FANS ANNUAL SYMPOSIUM 2026

Dr. Coccia, President of FANS 2026, organized this amazing event. The department had a recruitment table and 9 of our faculty attended.



Dr. Padi Lovan presented on the DGA

SOUTH FLORIDA ACADEMY OF DIETETICS AND NUTRITION (SFAND) ANNUAL SYMPOSIUM



4th ANNUAL FIU OBesity symposium

More than 100 participants attended from 5 different Florida Universities



Funded by the UGS PhD Colloquium award \$3000 received by **Dr. Catherine Coccia**.



FIU EVENTS

Our department participated in the Presidential 5K

The Student Dietetic Association (SDA) and the Association of Graduate Students in Dietetics and Nutrition (AGSDN), with their advisors, provided nutrition education based on body composition results.

One of our students, **Giovanni Junqueira Garotti** won the race



Ultimate Valentine Lunch & Learn

Dr. Nadine Mikati gave a nutrition talk for a healthy heart



FIU DIABETES AWARENESS DAY 2025

Dr. Pia Henfridsson was the Co-Chair of the organizing committee. Students from SDA and AGSDN staffed the booths. **Dr. Palacios and Henfridsson** were invited panelists on nutrition and diabetes management.

FLORIDA INTERNATIONAL UNIVERSITY

DIABETES AWARENESS DAY

 NOVEMBER 14, 2024S
  MARC 335, MMC
  12:00 PM - 4:00 PM



Noël C. Barengo, MD, PhD, MPH
PANEL MODERATOR



Elisabetta Patorno, MD, DrPH
KEYNOTE SPEAKER



Anuradha Godavarty, PhD
POSTER MODERATOR



Amalia Landa-Galindez, MD, FACP
PANELIST



Pia Henfridsson, PhD
EXHIBIT MODERATOR & PANELIST



Cristina Palacios, PhD
PANELIST

REGISTER NOW – SPACE IS LIMITED!

[FIUDIABETESDAY2025.EVENTBRITE.COM](https://fiudiabetesday2025.eventbrite.com)








FIU RESEARCH EXPO APRIL 2026

Our department participated in the FIU Research Expo to showcase the various research projects conducted in our department



FACULTY IN ACTION AT THE FLORIDA CAPITOL!

The FIU Dietetics and Nutrition community is proud to celebrate Associate Professors **Dr. Catherine Coccia** and **Dr. Sabrina Martinez** for their leadership and advocacy at the Florida Academy of Nutrition and Dietetics' Legislative Workshop and Advocacy Day in Tallahassee.

From educating students on the role of public policy in nutrition practice to engaging directly with legislators, they helped elevate the voice of dietitians and advance conversations around licensure, access to care, and the future of the profession in Florida.

During the event, public policy leaders met with nutrition and dietetics licensure bill sponsor Representative Campbell to discuss the importance of modernizing dietetics licensure and ensuring Floridians can clearly identify qualified professionals providing medical nutrition therapy.



Experiences like these reflect FIU's commitment to preparing future leaders in nutrition who advocate for healthier communities.

CONGRATULATIONS TO OUR RECENT GRADUATES

August and December 2025 - Pin Ceremonies for our Dietetic Internship class—a celebration of dedication, perseverance, and professional growth.

Congratulations to **Dr. Hernandez (DI Director)** for her exemplary leadership and to **Prof. Fernandes (Clinical Coordinator)** for organizing a memorable event



December 2025 PhD graduates:
Adriana Yndart, Alayne Gatto, and Maryam Nadery



FACULTY IN THE NEWS



Dr. Cristina Palacios published an article in The Conversation discussing new U.S. dietary guidelines promoting protein, whole foods, and reduced ultraprocessed foods.



Dr. Padideh Lovan highlighted SNEB's statement on the 2025–2030 Dietary Guidelines, emphasizing evidence-based nutrition guidance, transparency, and public health education.



Dr. Tania Rivera shared expert advice with FIU News on building sustainable health habits, balanced nutrition, and realistic fitness routines.



Dr. Sabrina Sales Martinez was featured in ASN's Member Spotlight and FIU News, sharing nutrition and lifestyle strategies to support brain health.



Dr. Nadine Mikati was featured across FIU publications discussing protein-focused nutrition and public health perspectives on diet. Dr. Mikati was also highlighted in FIU publications for her leadership in dietetics and nutrition.



Dr. Catherine Coccia was highlighted in FIU publications for her leadership in dietetics and nutrition, advancing community health and professional development in the field.

FIU's Didactic Program in Dietetics (DPD) has been reaccredited by **ACEND**, affirming its continued excellence in nutrition education, strong academic standards, and commitment to preparing future registered dietitians for professional practice and leadership in healthcare and public health.

<https://stempel.fiu.edu/news-and-events/stempel-stories/2025/fius-didactic-program-in-dietetics-reaccredited-by-acend.html>

FIU Obesity Working Group brings together interdisciplinary experts to advance research, education, and community-driven strategies addressing obesity prevention and improving population health outcomes across Florida.

https://issuu.com/fiupublications/docs/robert_stempel_college_of_public_health_social_w

PH.D. STUDENT PRESENTATIONS

2026 Stempel Research Day



4 oral presentations: PhD candidates **Alexandra Briceno, Gabriela Proaño, Ariana Bolivar,** and **Stephanie Gieseken**

5 poster presentations: MS student **Ivonne Cudde Sanki** and PhD students **Yvonne Quist, Alexandra Briceno, Ayodele Tyndall,** and **Gilda Stanco**

Graduate Student Appreciation Week (GSAW) Scholarly Forum 2026:

- 2 posters: PhD candidate Alexandra Briceno and PhD student Ayodele Tyndall
- 3-MT competition: PhD candidate Gabriela Proaño

FIU Undergraduate Research Conference 2026: 3 posters from Luciana Peña, Karla Garcia Morera, Nathasja Mabini; Marc Ghurani, and Sophia Acosta

AHA Scholars 10-Year Celebration 2026: Students and faculty from Dietetics and Nutrition, as well as Nursing, presented a poster: Luciana Peña, Karla Garcia Morera, Natashja Mabini, Marika Gonzales, Joan Vaccaro, Pia Henfridsson, et al.

FIU Diabetes Awareness Day, November 2025 (published abstracts in AJNCD 2025): 2 poster presentations from students and faculty from Dietetics and Nutrition and the College of Medicine:

- Miguel Garcia, Kathryn Ayres, William Schroeder, Pia Henfridsson
- Arthur Martinyan, Karin Avnery, Ingrid Lopez, Marco Morales, Beatriz De Faria Sousa, Alexandra Sawczak, Natalia Pacita Ongtengco, Julianne Mallinger, Austen Hentschel, Megan Messina, Madison Capote, Noel Barengo, Pia Henfridsson

4th Annual Obesity Research Symposium, FIU, October 2025: poster presentation from students and faculty from Dietetics and Nutrition: Miguel Garcia, Maryan Nadery, Kathryn Ayres, and Pia Henfridsson

2026 annual Research Center for Minority Institutions (RCMI) Day: PhD students Ayodele Tyndall and Alexandra Briceno provided an update on their ongoing research project, alongside PIs Drs. Sales Martinez and Burke.

ACTIVITIES FROM THE STUDENT DIETETIC ASSOCIATION

CHAPMAN PARTNERSHIP: TEACHING NUTRITION EDUCATION TO CHILDREN AND LOW-INCOME ADULTS WHO ARE ON THE PATH TO BECOMING SELF-SUFFICIENT

2026

PT.1



SMALL BITES, BIG JOY

By: Agustina Fava



ACTIVITIES FROM THE STUDENT DIETETIC ASSOCIATION

LITERARY BITES, MIAMI DADE LIBRARIES, ONGOING X 1.5 YEARS



ACTIVITIES FROM THE STUDENT DIETETIC ASSOCIATION

TINY TUMMIES, BIG NUTRITION, MIAMI DADE PUBLIC SCHOOLS, BEGAN JAN 2026



Fairlawn Elementary School



Maya Angelou Elementary School



Bent Tree Elementary School



Oliver Hoover Elementary School



NEW IN THE DEPARTMENT



Dr. Padideh Lovan was hired as a new Assistant Professor (in the tenure track).

ALUMNI HIGHLIGHTS



Dr. Shanté Jeune was highlighted in FIU publications for her leadership in nutrition and public health, advancing community engagement and dietetics education.



Panther alumni week: **Dr. Nadine Mikati** and **Alyssa Fernandes** participated in this event.

Please send alumni updates to: crpalaci@fiu.edu

RECENT PUBLICATIONS

Ayres et al. 2026. Evaluation of AI-generated versus registered dietitian-authored nutrition responses: a cross-sectional study. *mHealth* <https://mhealth.amegroups.org/issue/view/1581>

Järholm et al. 2025. Metabolic and bariatric surgery for adolescents with severe obesity – benefits, risks, and specific considerations. *Scand J Surg*. doi:10.1177/14574969241297517 <https://journals.sagepub.com/doi/10.1177/14574969241297517>

Lovan et al. 2025. Does Dietary Intake Meet the Recommendations? A Focus on Neighborhood Disadvantage Level in Hispanic Families with Unhealthy Weight. *Journal of Articles in Support of the Null Hypothesis*. <https://www.jasnh.com/pdf/Vol22-No1-article4.pdf>

Yin et al. 2026. The Association Between Physical Activity and Frailty: China Health and Retirement Longitudinal Study (CHARLS). <https://doi.org/10.3390/ijerph22081219>

Ayres et al. 2025 Investigating zinc's role in mitigating blood lead levels' toxicity on gut microbiota diversity: NHANES 2007–2010. <https://doi.org/10.1016/j.toxlet.2025.06.001>

Lovan et al. 2026. When the Lunchbox Meets the Algorithm: AI's Next Chapter in Children's Nutrition Education. <https://doi.org/10.1016/j.jneb.2026.03.005>

Yndart et al. 2025. Liposomal-Cannabidiol Nanoformulation to Suppress HIV Replication and Reduce Oxidative Stress in Infected Microglia. <https://doi.org/10.1021/acsbiomaterials.5c01218>

Trak-Fellermeier et al. 2025. Physiological and lifestyle determinants of bone mass in minority children/adolescents from the Meta-Bone Trial. <https://doi.org/10.1038/s41390-025-03921-5>

Diaz-Martinez et al. 2025. Beyond Biology: Uncovering Structural and Sociocultural Predictors of Breast Cancer Incidence Worldwide. <https://doi.org/10.3390/curroncol32100553>

Biswas et al. 2026. In-vitro evaluation of probiotic potential of gut microbes isolated from retail chicken. <https://doi.org/10.1371/journal.pone.0340981>

Mendoza-Hernandez et al. 2025. Unexpected Predictors of Mortality During a DENV-3 Outbreak in Western Mexico: Seizures, Polyserositis, and Renal Dysfunction Without Severe Thrombocytopenia. <https://doi.org/10.3390/v17070950>

Fonseca et al. 2025. Chronic conditions, disability, and COVID-19 testing and vaccination: A national Rapid Acceleration of Diagnostics-Underserved Populations analysis. <https://doi.org/10.1016/j.annepidem.2025.09.019>

Vela-Vásquez et al. 2025. Analysis of the Perception of Nutrigenetics in Conventional Nutritional Practice: A Survey-Based Study Applied to Dietitians from Mexico. <https://doi.org/10.3390/nu17172776>

Vitale et al. 2026. Development of the TEACH Study: A Culturally Responsive Nutrition Intervention Program for Montessori Teachers. <https://doi.org/10.1016/j.jneb.2025.09.004>

Cabrera-Licona et al. 2025. Exploring the Anticancer Activity of *Artocarpus heterophyllus* Leaves: Selective Effects on Triple-Negative Breast Cancer and HPV16-Positive Tumorigenic Cells. <https://doi.org/10.3390/life15071090>

Guzmán-Esquivel et al. 2025. Depression and Hypomagnesemia as Independent and Synergistic Predictors of Cognitive Impairment in Older Adults Post-COVID-19: A Prospective Cohort Study. <https://doi.org/10.3390/medsci13030114>

Cabrera-Licona et al. 2025. In Vitro Evaluation of *Annona muricata* Leaf Infusion as a Modulator of Antineoplastic Drug-Induced Cytotoxicity in Cancer Cell Lines. <https://doi.org/10.3390/ph18081177>

Navarrete-Anaya et al. 2025. Insomnia and Benzodiazepine Use as Risk Factors for Erectile Dysfunction: Clinical Evidence and In Silico Analysis of Physicochemical Properties. <https://doi.org/10.3390/jcm14196951>

Hernandez-Fuentes et al. 2025. Changes in Anxiety Symptoms and Eating Patterns Among Emerging Adult Students in a Non-Traditional School Program During a Mathematics Examination. <https://doi.org/10.3390/healthcare13202600>

Palacios et al. 2026. Effect of soluble corn fiber supplementation for 1 year on bone mass in children and adolescents: results from the Meta-Bone randomized clinical trial. <https://doi.org/10.1016/j.ajcnut.2026.101305>

RECENT PUBLICATIONS

Diaz-Martinez et al. 2026. Pharmacological treatment patterns, factors associated with glycemic control, and renal function parameters in a real-world cohort of Hispanic adults with type 2 diabetes. <https://doi.org/10.3892/br.2026.2140>

Vitale et al. 2026. Effects of a Virtual Nutrition Intervention on Montessori Teachers' Nutrition Role Modeling Abilities and Classroom Practices. <https://doi.org/10.1111/josh.70114>

Chowdhury et al. 2026. Association of intake of ultra-processed snacks and beverages with obesity status and change in BMI among college students. <https://doi.org/10.1080/07448481.2025.2516600>

Palacios et al. 2026. Evaluating the Baby-Act Behavioral Intervention Components: Participants' Compliance, Knowledge, Confidence, and Goals Set and Achieved. <https://doi.org/10.1016/j.acap.2026.103273>

Gatto et al. 2025. Identifying behavior mediators influencing caregivers of infants participating in an mhealth intervention: qualitative evaluation of the Baby-Feed trial through interviews. <https://doi.org/10.21037/mhealth-25-40>

Proaño et al. 2026. Scoping review of evidence on front-of-pack warning labels and nutrition and health variables in Peru. <https://doi.org/10.26633/RPSP.2026.23>

Palacios et al. 2026. Digital health, technology-driven or technology-assisted interventions for the management of obesity in children and adolescents. https://doi.org/10.1002/14651858_CD015968

Hunter et al. 2025. Parent-focused behavioural interventions for the prevention of early childhood obesity (TOPCHILD): a systematic review and individual participant data meta-analysis. [https://doi.org/10.1016/S0140-6736\(25\)01144-4](https://doi.org/10.1016/S0140-6736(25)01144-4)

Abel et al. 2025. Elevating the role and professional contributions of the neonatal dietitian for the future: insights from the experts themselves. <https://doi.org/10.3389/fped.2025.1639283>

Huang et al. 2025. SARS-CoV-2 Antibodies in Response to COVID-19 Vaccination in Underserved Racial/Ethnic Minority People Living with HIV. <https://doi.org/10.3390/vaccines13050517>

Burke et al. 2025. The influence of socioeconomic factors and apolipoprotein ε genotype on cognitive outcomes in a multi-ethnic sample living with HCV and HIV. <https://doi.org/10.1177/09564624251324968>

Brown et al. 2025. COVID-19 prevention is shaped by polysocial risk: A cross-sectional study of vaccination and testing disparities in underserved populations. <https://doi.org/10.1371/journal.pone.0328779>

Jeune et al. 2025. Interoception and self-regulation of eating behaviors and weight status in college students. <https://doi.org/10.1080/07448481.2024.2319200>

Bayat et al. 2025. Brain Microstructure and Obesity Risk in Early Childhood: Insights from Restriction Spectrum Imaging. <https://doi.org/10.1101/2025.09.19.677172>

Prapkree et al. 2025. Effect of using the snackability app on snack quality among US college students with overweight and obesity: A randomized controlled trial. <https://doi.org/10.1080/07448481.2024.2337008>

Jeune et al. 2025. The causal associations between interoception, self-regulation, non-purposeful eating behaviors, and weight status in college women: a longitudinal cross-lagged model analysis. <https://doi.org/10.1080/08870446.2024.2352062>

Kirchoff et al. 2025. Healthy snack availability at a large Hispanic-serving university in South Florida. <https://doi.org/10.1080/07448481.2025.2464756>

Garba et al. 2026 Interprofessional Workshop: An Impactful Approach to Introducing Interprofessional Education to Health Professions Students. <https://doi.org/10.14423/SMJ.00000000000001953>

Diaz-Martinez et al. 2025. Development and pilot evaluation of a train-the-trainer chronic kidney disease program for community health workers. <https://doi.org/10.1080/10852352.2025.2572860>

Espinoza-Gomez et al. 2025. Hemorrhagic gingival and tracheopulmonary myiasis: literature review and case report of Chrysomya megacephala in a patient with HIV/AIDS and likely histoplasmosis. <https://doi.org/10.1093/jme/tjaf064>

RECENT PUBLICATIONS

Diaz-Martinez et al. 2026. An Integrated, Evidence-Guided Framework for CKD Self-Management: Behavioral Mechanisms, Implementation Strategies, and Real-World Application. <https://doi.org/10.1159/000552085>

Cortes-Álvarez et al. 2026. Vitamin D Deficiency Mediates the Link Between Dietary Patterns, Inflammatory Biomarkers, and Iron Status Indicators (Ferritin and Hemoglobin) in Metabolic Syndrome. <https://doi.org/10.3390/nu18020224>

Hernandez et al. 2025. Associations between ultraprocessed and minimally processed snacks consumption and overweight/obesity among college students in South Florida. <https://doi.org/10.1080/07448481.2024.2325938>

Gomez et al. 2026. TGF β signaling is required during human and chick Neural Crest formation. <https://doi.org/10.1016/j.ydbio.2026.04.018>

Espinoza et al. 2026. Antibiotic Resistance and Virulence Genes in Escherichia coli from Wild Birds in a Peruvian Wetland. <https://doi.org/10.1007/s10393-026-01797-3>

Liuzzi et al. 2025. Effect of Alpha-1 Antitrypsin Deficiency on Zinc Homeostasis Gene Regulation and Interaction with Endoplasmic Reticulum Stress Response-Associated Genes. <https://doi.org/10.3390/nu17111913>

Lovan et al. 2026. When the Lunchbox Meets the Algorithm: AI's Next Chapter in Children's Nutrition Education. <https://doi.org/10.1016/j.jneb.2026.03.005>

Falcon et al. 2025. Unlocking public health competencies: the dose-response effect of problem-based learning on undergraduate student outcomes. <https://doi.org/10.3389/fpubh.2025.1560098>

González-Mercado et al. 2026. Dietary Quality and Microbiome Profiles among Rectal Cancer Patients: A Cross-Sectional Pilot Study. <https://pmc.ncbi.nlm.nih.gov/articles/PMC13075383/>

Palacios et al. 2025. Infant Feeding Practices and Their Association with Early-Life Nutrient Intake: Baseline Findings from the Baby-Act Trial. <https://doi.org/10.3390/dietetics4020015>

Sala-Climent et al. 2025. Oxylin serum profile changes in response to an open-label anti-inflammatory dietary intervention. <https://doi.org/10.1016/j.clnesp.2025.05.027>

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