

Master of Science in Dietetics and Nutrition

<https://stempel.fiu.edu/>

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| Name: | Panther ID: | Admitted: |

**Distribution of credits: Nutrition Core (9 credits); Research (10-13 credits); Public Health Core (3 credits); Electives (6-9 credits – see elective section) \* = 31 credit hours**

**I. NUTRITION CORE (9 CREDITS) – Take at least 3 of the 4 courses. One course must be in MICRONUTRIENTS and one course must be in**

**MACRONUTRIENTS.**

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| PREFIX | cOURSE DESCRIPTION | Semester | GRADE | comments/approval |
| HUN 5245 | Nutrition and Biochemistry (3) |  |  |  |
| HUN 6307 | Carbohydrates and Lipids (3) |  |  |  |
| HUN 6327 | Proteins (3) |  |  |  |
| HUN 6335 | Functions of Vitamins in Human Nutrition (3) |  |  |  |
| HUN 6355 | Minerals in Human Nutrition (3) |  |  |  |

**II. RESEARCH – 10 - 13 CREDITS**

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| PREFIX | COURSE DESCRIPTION | SEMESTER | GRADE | COMMENTS/APPROVAL |
| STA 6166  PHC 6052  STA 6176 | Statistical Methods in Research (3) OR  Biostatistics I (3) OR  Biostatistics (3) |  |  |  |
| DIE 6568 | Research I (3) |  |  |  |
| DIE 6937 | Graduate Seminar in Dietetics & Nutrition (1) |  |  |  |
| DIE 6576  **OR**  DIE 6567 | Project in Dietetics and Nutrition (6)  **OR**  Research II (3) |  |  | Permission from Major Professor is required to  register for Project. |

**III. PUBLIC HEALTH CORE (3 CREDITS)**

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| PREFIX | COURSE DESCRIPTION | SEMESTER | GRADE | comments/approval |
| PHC 6500 | Foundation of Public Health Practice (3) |  |  |  |

**IV. \*RECOMMENDED ELECTIVES - 9 CREDITS (If selecting Research II – DIE 6567) / 6 Credits (If selecting Project – DIE 6576)**

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| PREFIX | cOURSE DESCRIPTION | semester | grade | comments/approval |
| DIE 5247 | Trends in Therapeutic Nutrition (3) |  |  |  |
| DIE 6128 | Dietetic Administration & Management (3) |  |  |  |
| DIE 6259 | Management of Nutrition Services (3) |  |  |  |
| DIE 6285 | Pregnancy and Lactation (3) – (Fall) |  |  | Pediatric Nutrition Certificate Course |
| DIE 6286 | Pediatric Obesity – (3) – (Spring) |  |  | Pediatric Nutrition Certificate Course |
| DIE 6287 | Pediatric Dysfunctional Eating – (3) - (Summer) |  |  | Pediatric Nutrition Certificate Course |
| DIE 6368 | Advanced Techniques in Dietetics Practice (3) |  |  |  |
| DIE 6368L | Advanced Techniques in Dietetics Practice Lab (1) |  |  |  |
| DIE 6906 | Readings Dietetics/Nutrition (1-3) |  |  |  |
| DIE 6907 | Individual Study Diet/Nutr (1-3) |  |  |  |
| DIE 6915 | Supervised Research (1-3) |  |  |  |
| DIE 6929 | Specialized Short Course in Dietetics and Nutrition ((1-3) |  |  |  |
| DIE 6935 | Special Topics in Dietetics (3) |  |  |  |
| DIE 7566 | Research Concepts Development (3) |  |  |  |
| HUN 5123 | Ethnic Influences on Nutrition and Food Habits (3) |  |  |  |
| HUN 5195 | International Nutrition: Problems, Policies & Planning (3) |  |  |  |
| HUN 5245 | Nutritional Biochemistry (3) |  |  | As long as it is **not used** as a Nutrition Core |
| HUN 5611 | Nutrition Education in the Community (3) |  |  |  |
| HUN 5621 | Food, Nutrition and Communication (3) |  |  |  |
| HUN 6248 | Sports Nutrition (3) |  |  |  |
| HUN 6254 | Drug and Nutrient Interaction (3) |  |  |  |
| HUN 6255 | Nutrition in Wellness Programs (3) |  |  |  |
| HUN 6257 | Physio/Psychology of Food Intake (3) |  |  |  |
| HUN 6266 | Nutritional Assessment (3) |  |  |  |
| HUN 6295 | Contemporary Issues in Food Nutrition (3) |  |  |  |
| HUN 6307 | Carbohydrates and Lipids (3) |  |  | As long as it is **not used** as a Nutrition Core |
| HUN 6327 | Proteins (3) |  |  | As long as it is **not used** as a Nutrition Core |
| HUN 6335 | Functions of Vitamins (3) |  |  | As long as it is **not used** as a Nutrition Core |
| HUN 6355 | Minerals in Human Nutrition (3) |  |  | As long as it is **not used** as a Nutrition Core |

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| PREFIX | cOURSE DESCRIPTION | semester | grade | comments/approval |
| HUN 6415 | Pediatric Nutrition (3) - (Fall) |  |  | Pediatric Nutrition Certificate Course |
| HUN 6416 | Advanced Pediatric Nutrition (3) - (Spring) |  |  | Pediatric Nutrition Certificate Course |
| HUN 6417 | Nutrition for the High Risk Infant & Newborn in Intensive Care Unit  (3) – (Summer) |  |  | Pediatric Nutrition Certificate Course |
| HUN 6435 | Nutrition and Aging (3) |  |  |  |
| HUN 6522 | Public Health Nutrition (3) |  |  |  |
| FOS 6236 | Food Toxicology and Food Safety (3) |  |  |  |
| FSS 6535 | Computer Assisted Food and Nutritional Services Management (3) |  |  |  |
| GEY 5006 | Foundations in Gerontology for Health Professionals (3) |  |  |  |
| GEY 5600 | Physical Change and Healthy Aging (3) |  |  |  |
| ANT 6469 | Graduate Medical Anthropology (3) |  |  |  |

**IVa. \*REQUIRED ELECTIVES FOR OPTIONAL SPECIALIZATIONS - 9 CREDITS of specific electives as outlined below**

1. **Sports Nutrition Specialization**: Students will choose some of the courses from the Dept. of Teaching and Learning (Kinesiology and Exercise Science).

**Electives for Sports Nutrition** – Required – Minimum of 9 credits:

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| PREFIX | cOURSE DESCRIPTION | semester | grade | comments/approval |
| HUN6248 | **Sports Nutrition (3)** |  |  | Core Course - Required |
| APK 5111 | **Advanced Exercise Physiology (3)** |  |  | Core Course - Required |
| PET 5216 | Sport and Exercise Psychology (3) |  |  |  |
| PeT 5368 | Exercise, Diet and Weight Management (3) |  |  |  |
| PET 5693 | Athletic Performance Assessment & Exercise Prescription |  |  |  |
| PET 5391C | Comprehensive Conditioning of Elite Athletes |  |  |  |

1. **Infant &Childhood Nutrition Specialization**: Students will choose some of the courses from the Graduate Certificate in Pediatric Nutrition.

**Electives for Infant & Childhood Nutrition** – Required – Minimum of 9 credits:

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| PREFIX | cOURSE DESCRIPTION | semester | grade | comments/approval |
| HUN 6415 | Pediatric Nutrition (3) |  |  | Basic required course |
| HUN 6416 | Advanced Pediatric Nutrition (3) |  |  |  |
| DIE 6285 | Pregnancy and Lactation (3) |  |  |  |
| DIE 6286 | Pediatric Obesity (3) |  |  |  |
| DIE 6287 | Pediatric Dysfunctional Eating (3) |  |  |  |
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**Master of Science (M.S.) in Dietetics and Nutrition**

**Dietetic Internship (DI)**

This route is designed for those students who wish to become a registered dietitian (RD). Upon admission into the master’s program, your advisor will work with you to tailor an individualized program of study according to your background, interests and goals. Your advisor will combine graduate and undergraduate courses to meet the requirement for eligibility to apply for the DI. The DI will require a separate application toward the end of graduate coursework.

* Students seeking an RD must complete additional credit courses including a 32-week Clinical Practicum under the authorization and supervision of the Director of the Dietetic Internship.
* In order to apply for the Clinical Practicum students must have completed all of their coursework in accordance with didactic requirements of ACEND (Accredited Council for Education in Nutrition and Dietetics) and graduate program requirements.
* The deadline for application is the first day of fall semester or the first day of spring semester. Please refer to the University academic calendar for specific date.
* Please visit our website at [http://stempel.fiu.edu](http://rscphsw.fiu.edu) and select Academics – Dietetics and Nutrition – Graduate Programs – Registered Dietitian and/or Dietetic Internship for additional information and application retrieval.
* Please be aware that *application and selection* to the DI Program is an internal process – you do not need to apply through the University Graduate Admissions Office or computer matching (DICAS).
* ***International students****admitted to the DI Program must complete their internship through****Optional Practical Training (OPT)****authorization. To ensure timely processing and avoid delays in starting the program, international students are required to apply for OPT****at least 90 days prior to the start of their supervised practice rotations****.* *For guidance and support with the OPT application process, students are encouraged to contact the DI Program Director or visit the*[*FIU Office of International Student & Scholar Services*](https://isss.fiu.edu/international-students/current-f-1-students/f-1-practical-training/optional-practical-training/)*.*

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| PREFIX | cOURSE DESCRIPTION | Semester | GRADE | comments/approval |
| DIE 6946 | Advanced Dietetics Practice I (6) |  |  |  |
| DIE 6947 | Advanced Dietetics Practice II (6) |  |  |  |

**Graduation Requirements:**

1. Satisfy all University requirements for the Master of Science in Dietetics and Nutrition and, if applicable, the Dietetic Internship (DI) requirements.
2. Complete a minimum of 31 semester hours of graduate level coursework in approved program. This does not include pre-requisites.
3. Complete RD eligibility requirements if applicable.
4. Complete Project Requirements or Research II Course– *depending upon the option selected.*
5. Earn a minimum overall GPA of 3.00 in all graduate coursework completed. Note that **courses that are repeated are not eligible for the forgiveness policy.**
6. Students may **not receive more than 2 grades of “C+.”**
7. Resolve incomplete or in progress grades prior to graduation. Resolve failing grades of required coursework prior to graduation.
8. Meet with Academic Advisor to assure graduation prior to completing graduation application.
9. Graduate Students must be registered for graduate course(s) for the semester in which they are seeking graduation.
10. Apply for graduation online at <http://onestop.fiu.edu/> (See University Catalog for most current deadlines).

*Revised and Updated: June 25, 2025 – VN/JG*