

### JANUARY-FEBRUARY 2025 | Year 3 - Issue 3



# of Public Health & Social Work SPECIAL DELIVER

# Newsletter of FIU's Maternal and Child Health Training Program

### <u>Inside this Issue</u>

- MCH Progress
- Upcoming Events
- Educational opportunities

### It's a graduate!



We are currently accepting submissions for our next newsletter! If you'd like to contribute, please e-mail:

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### HRSA's: Four Years of Progress on MCH



Let's celebrate the new year by looking back on all the progress made in the field of maternal and child health in the last 4 years!

#### Mental Health Support:

- The National Maternal Mental Health Hotline provided free, confidential support to over 50,000 mothers and families since its launch in 2022.
- The Pediatric Mental Health Care Access program expanded to 46 states, training over 31,000 providers and benefiting 3.5 million children.

#### Increased Funding and Workforce Expansion:

- Home visiting program funding doubled to \$800 million annually, reaching 20,000 more families.
- Over 5,800 new maternal care providers, including obstetricians and doulas, were added, focusing on underserved areas.

#### Improved Care Quality:

- Evidence-based practices were implemented in 75% of labor and delivery facilities to address adverse pregnancy outcomes.
- Community health centers provided prenatal care to over 2 million patients, with expanded rural access.

#### **Community-Based Initiatives:**

- Healthy Start programs served 85,000 individuals, with expanded doula training in high-need areas.
- Rural programs improved maternal care access and outcomes in underserved regions.

#### Preventive and Specialized Care:

- Over 35 million children and 68 million women received preventive services without out-of-pocket costs, including coverage for breast pumps and suicide screenings.
- Specialized services expanded for children with autism, sickle cell disease, and other complex needs, benefiting hundreds of thousands of families.

#### **Community Engagement:**

• HRSA initiatives empowered service recipients to shape policies and expand access to maternal and child health care across diverse communities.



### JANUARY-FEBRUARY 2025 | Year 3 - Issue 3 UPCOMING EVENTS

Center for Women's Gender Studies 2025 <u>Welcome Back</u> <u>Reception</u> This in-person event is a great opportunity to meet new faces, community organizations, and representatives from the Center for Student Engagement. January 30th from 12pm to 2pm Graham Center 243 To Register: <u>https://www.eventbrite.com/e/spring-2025-cwgs-welcome-back-reception-tickets-1143060768529</u>



#### THE LEARNING LAB PRESENTS

HOW TO TURN QUALITATIVE INSIGHTS INTO COMPELLING MULTIMEDIA PRESENTATIONS--QUICKLY WITH RICH THAU

IS THIS SESSION FOR ME?

The answer is YES if:

You're interested in qualitative research!

You have some experience conducting focus groups or collecting qualitative data!

You're interested in creating presentations based on your data!





The University of Minnesota will be hosting a session on <u>How to turn qualitative insights</u> into compelling multimedia presentations–Quickly with Rich Thau | Thursday, January 30th, 2025 from 11:30am-1pm CT via Zoom. To Register: https://mch.umn.edu/mini-lab/

FIU Career and Talent Development hosts <u>Stempel College</u> <u>Career Fair: Connect</u> directly with employers hiring in Social Work, Public Health, Dietetics and Nutrition, and Disaster Management! Don't miss the Stempel College Career Fair at MMC (Modesto Maidique Campus), CBC 232. <u>February 13th 4th-7pm</u> Please bring copies of your resume Dress in professional business attire

Bring your FIU Panther ID To Register:

https://app.joinhandshake.com/stu/career fairs/55459





# **EDUCATIONAL OPPORTUNITIES**

FIU Center for Children and Families hosts: 2025 Miami International Child & Adolescent Mental Health (MICAMH) Conference presents evidence-based prevention and treatment interventions for mental health and educational problems in children and adolescents. February 5th-7th, 2025 at FIU Biscayne Campus. To Register: https://micamh.fiu.edu/





If you interact with youth and care to see them live safe and healthy lives, we have a FREE training for you! Hope for Mam's Project Bridge offers Youth Mental Health First Aid (YMHFA) to any adult who interacts with teens (or parents of adolescents). YMHFA is a 6.5-hour course that can increase mental health awareness through education on behavioral health and addictions and can help you recognize the potential early warning signs.

 

 Session 1
 Session 2

 FU9-11200 SW Bith St, Miami, FL 3319 ACH 6 (room 201) Monday, February 30(4) 3 - 6 pm
 FU9-11200 SW Bith St, Miami, FL 33190 ACH 5 (room 201) Monday, February 30(4), 2025 3 - 6 pm

 Vour must attend BOTH sessions to receive the YMHFA Certification.

 Open to all students; funded by SGA

 Scan the QR code to register, or cented: May Webboolen to registe

SAMHSA

### The 2025 Maternal Mental Health (MMH) FORUM:

Together with Policymakers, Payors, Provider Leaders, and our Partners, we will discuss progress, roadblocks, and solutions to closing gaps in maternal mental health care.

March 18th-March 19th, 2025

Virtual Session To Register: https://policycentermmh.org/forum/



School of Social Work and Phi Alpha Honor Society is collaborating with Project Bridge for a Youth Mental First Aid (YMHA) training.

This is a two-day training for any health professional interested in working with teens. This is a 2-day training (6.5 total hours course) focused on mental health awareness and identifying early warning signs.

### <u>Training Days: February 3rd and February 10th, 2025</u> <u>AHC 5 (Room 201)</u>

<u>3-6 pm</u>

**Register:** 

https://docs.google.com/forms/d/e/1FAIpQLSfIAi9duxy z5jpDKemygYy6yzgyy2B61BEZPCshwvsXaFIyug/viewfor

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Maternal Mental Health

at the Intersection of Policy, Payment and Practice

Tuesday-Wednesday March 18-19, 2025







### JANUARY-FEBRUARY 2025 | Year 3 - Issue 3

# It's a graduate!





Congratulations are for Kayla Pryce who graduated from the MCH MPH Concentration last Fall 2024! We wish you a productive career in Maternal and Child Health.

 Leaders in Maternal & Child Health are looking for new members! Interested in becoming a member or joining our E-board? Reach out to Debra Dhaity at ddhai002@fiu.edu.
Stay connected and don't miss out on upcoming events for this semester— Follow us on Instagram <u>@fiu.lmch</u> or Panthers Connect.





