

Special Delivery

Newsletter of FIU's Maternal and Child Health Training Program



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We are currently accepting submissions for our next newsletter!

If you'd like to contribute, please e-mail:

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Maternal Mental Health Month

About 1 in 5 women experience a mental health condition during their pregnancy or in the year following birth. Less than 15% of these women will receive the necessary treatment. The month of May is dedicated to spreading awareness on maternal mental health to improve not only the health of the mother, but the family as a whole. To observe this month, you can attend webinars and training's to increase your knowledge on the topic, which are listed on the next page. In addition, sharing resources on social media is a great way to disseminate information and expand the reach of people receiving this information. If you know of any mothers in need of support and/or resources, they can call or text the National Maternal Mental Health hotline at **1-833-943-5746**.

Other MCH Observances in May and June:

- National Teen Pregnancy Prevention Month (May)
- Children's Mental Health Awareness Week (05/01-05/06)
- National Women's Health Week (05/14-05/20)
- National Safety Month (June)
- National HIV Testing Day (06/27)

Maternal Mental Health Month Events



May 18: AAMC Center for Health Justice, Maternal Health Equity Workshop: From Story to Data to Action (10:00am - 3:00pm ET).



June 6 - 10: Mental Health America, Mental Health America Annual Conference: Next Gen Prevention (Check out the schedule for times).



**BLACK
HEALTH
SUMMIT**



June 6, 2023: 9:30 AM to 3:30 PM: 2nd Annual Black Health Summit will convene health system, community, public and private sector leaders to discuss the current state of Black health in South Florida – and identify health equity solutions for the region's Black communities.

WHERE: Florida Memorial University, Miami Gardens

[Register here.](#)

The Lancet 2023 Series on Breastfeeding

The health benefits of breastfeeding are tremendous, yet less than 50% of babies worldwide are breastfed per WHO recommendations. The formula milk industry's harmful marketing tactics have targeted parents' fears and concerns, turning it into a multibillion-dollar business.

The three-paper Lancet Series explores how governments and public health undermine breastfeeding while the commercial milk formula industry exploits the vulnerabilities of women and families. Access the series [here](#).



Webinar Opportunity



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Student and Early-Career Professionals Webinar

Current Projects in Disability and Public Health

Sydney Walls, MPH
Michele Lee, MA



Tuesday, May 9
6:00 - 7:00 pm EST

Join on Zoom!

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Join students and early-career professionals of the Disability Section to hear about current projects in disability and public health. The presentations include Sydney Walls, MPH on Enhancing Medical Education on Developmental Disabilities and Michele Lee, MA on How Primary Care Providers Make Recommendations for Cervical Cancer Screening in Women with Intellectual and Developmental Disabilities: A Mixed-Method Study.

The event will take place on **Tuesday, May 9, 6:00 – 7:00 pm EST** and is moderated by FIU's own MCH alumni Rumi Agarwal, MPH, MBA, PhD!

Click [here](#) to attend.



CONGRATS

Spring 2023 MPH in Maternal & Child Health Graduates



Lorena Lizarralde



Nadine Soufralien



Briana Melien



Ruby Lyas



Caleigh Fleites
Editor of Special Delivery



**Spring 2023
Dean's Excellence
Award conferred to
Jasmine Jones**