

SPECIAL DELIVERY

Newsletter of FIU's Maternal and Child Health Training Program

Inside this Issue

- **Welcome Back!**
- **Volunteer & Fellowship Opportunities**
- **It's a Graduate!**
- **Continuing Education**



We are currently accepting
submissions
for our next newsletter! If
you'd like to contribute,
please e-mail:

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Welcome Back!

Welcome Back MCH Panthers!

We would like to extend a warm welcome to all new and recurring students, faculty, and staff. We hope you had a wonderful winter break and had the opportunity to relax, reflect, and rejuvenate. As we embark on this new semester, with new classes and new goals, new challenges will arise. Setting goals is one thing but sticking to your goals and achieving them is completely different. To stay motivated, remember your **WHY** and remember you are not alone. Resources are available for you at the FIU Student Health Center, Robert Stempel College, and your peers.

We are excited to announce that **Leaders in Maternal & Child Health** is up back and running! Leaders in Maternal & Child Health is excited to reintroduce a new e-board, new events, and new opportunities. Stay connected with us on PanthersConnect! If you would like more information on how to join and participate, please contact President Debra Dhaity ddhai002@fiu.edu.

Have a wonderful semester Panthers!



Volunteer & Fellowship Opportunities

Readingpals Literacy Volunteers

The Children's Movement of Florida is currently recruiting volunteer tutors for the 2023-2024 school year. Join us to eliminate the reading gap and strengthen lives through the power of literacy and mentorship!



For more info: <https://www.upliftliteracy.org/readingpals>

Health Effect Fellowship

The Health Effect is designed to develop educational, advocacy and leadership skills to advance the health and wellbeing of children in Miami-Dade public schools. This is a FIU research-based intervention program focused on youth development.

Open to all MPH students

Award: \$5000 per academic year

For more information:

<https://stempel.fiu.edu/students/funding-your-education/>



No More Broken Hearts 2024

Are you interested in helping support domestic violence awareness and survivors? Consider volunteering this February 24, 2024 at the “Domestic Violence Awareness Workshop”

For more information and to registration access [click here](#)



It's A Graduate!



Congratulations to **Wildjena Cadet** for graduating from the MCH MPH program this past Fall, 2023! We look forward to seeing all the amazing things Wildjena does as she embarks on the next steps of her public health journey!



Continuing Education



If you're interested in MCH continuing education opportunities, check out AMCHP's free MCH learning modules!

Courses include:

- Exploring MCH Policy and the Policy Process
- Integrating Early Child Nutrition into Title V: Building the Foundation
- MCH Workforce Capacity and Skill sets
- Integration of Mental Health into Primary Care for Adolescents and Young Adults (AYAs)

Find the courses here: <https://amchp.org/modules/>