

SPECIAL DELIVERY

Newsletter of FIU's Maternal and Child Health Training Program

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We are currently accepting submissions for our next newsletter! If you'd like to contribute, please e-mail:

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Save The Date



May 12th: Mother's Day



May 12th- May 15th National Women's Health Week

is celebrated each year, beginning on Mother's Day, to encourage women and girls to make their health a priority.

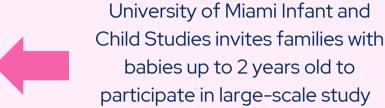
May 28th: Menstrual Hygiene Day

Poor menstrual health and hygiene undercuts fundamental rights – including the right to work and go to school – for women, girls and people who menstruate. It worsens social and economic inequalities.



Announcements







The Health Equity Fellowship Program from the Association of State Public Health Nutritionists was created to support the diversification of the public health and health-related workforce. This 12-week fellowship was developed to recruit a new generation of nutrition professionals. Since 2002, the fellowship program has prepared over 1,000 students with practical skills in the Essentials of Public Health Services and Core Competencies of Health Education and Promotion.

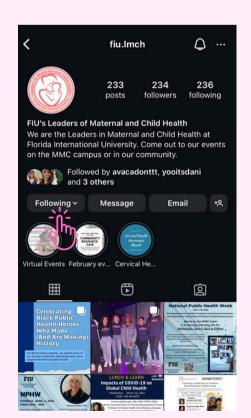




MCH Alumni Spotlight: Tamia Medina, MPH



Tamia Medina has a Master of Public Health degree from FIU, with a concentration in Maternal and Child Health. Currently, Tamia is community health program manager at University of Miami Health System, where she targets the social determinants of health in Miami-Dade County through strategic planning. Tamia oversees the Community Health Needs Assessment and the Implementation Plan, promoting collaboration with government, healthcare, and community-based organizations to create a plan to allocate resources and deliver community benefit programs. Additionally, Tamia collaborates with departments across the U to ensure an accurate and impactful community benefit report and most recently developed a home-grown reporting system that has allowed the university to expand on historical reports that more accurately captures the university's effort to implement sustainable and effective community programs. Tamia leverages her education from FIU and experience at UM to drive advances for health equity in her community.



Follow LMCH on Social Media!

FIU Leaders in Maternal and Child Health are committed to maternal and child health education and awareness through activities including volunteering, service learning, and events on campus and within the communities of South Florida and beyond. We are back active on campus! Follow us to stay connected!



- Instagram: <u>@fiu.lmch</u>
- PanthersConnect
 - Whatsapp Group chat
 - <u>Email: lmch@fiu.edu</u>