



Robert Stempel College
of Public Health
& Social Work

Online MPH New Student Orientation

Fall 2023

Agenda

- Welcome and introduction
- Faculty introduction
- Advising Registration
- Practicum
- Office of Student and Alumni Affairs Overview

Link to Orientation page:

<https://go.fiu.edu/stempelnewstudentorientation>



Robert Stempel College
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Academic Programs at Stempel College

Department of Dietetics and Nutrition:

Bachelor's
Master's
Ph.D.

Public Health Programs (MPH and PhD):

- Biostatistics
- Epidemiology
- Infectious Disease
- Environmental Health Sciences
- Environmental Toxicology
- Health Promotion & Disease Prevention
- Maternal & Child Health
- Health Disparities
- MPH Online Generalist

School of Social Work:

Bachelor's
Master's
Ph.D.

Academy for International Disaster Preparedness:

Bachelor's
Master's



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Online MPH Generalist Introduction

Dr. Yasenka Peterson, Director Online MPH

Ms. Cindy Perez, Practicum Coordinator, Assistant Clinical Professor

Dr. Jairo Ramos, Assistant Teaching Professor

Dr. Susy Gómez – Assistant Dean of Student & Alumni Affairs

Isabel Capella – Career Specialist

Irene Abad – Manager of Academic & Student Success

Jose Candelaria – Admissions Manager & Recruiter

Zoraya Arguello – Sr. Coordinator of Public Health Programs

Fiorella Suyon – Public Health Admissions Coordinator

Sandhya Appunni – Data Analyst

Candela Giacchino – Student Assistant

Elia Diaz – Student Assistant



Online MPH Generalist Introduction



PHC	6102	RXD	Intro to PH Policy	Dr. Elliot
PHC	6410	RXD	Hlth Beh & Pub Hlth	Dr. Sebekos
PHC	6052	RXD	Biostatistics I	Dr. Webber
PHC	6315	RXE	Intro to Env Hlth Sci	Dr. Deoraj
PHC	6000	RXE	Epi I: Intro PH Epi	Dr. Gebrezgi

Program Curriculum

PUBLIC HEALTH CORE

Intro to Public Health Epidemiology

Intro to Public Health Policy and Management

Intro to Environmental Health Sciences

Biostatistics I

Health Behavior and Public Health

ONLINE CORE

Public Health Management and Leadership

Data Management and Applied Epidemiologic Analysis

Health Demography

Community Health Promotion Planning and Research

Health Communication

Elective

Health Promotion in Culturally Diverse Communities

Environmental Disasters

Environmental Health and Safety

AIDS epidemiology

CULMINATING EXPERIENCE

Practicum in Public Health

Integrative Seminar in Public Health



OneStop

Calendar

IT Alerts

Login to MyFIU

Become Familiar with your Student Center

my.fiu.edu



Presented by Zoraya Arguello
Public Health Sr. Coordinator





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Advising, Registration, Academic Progress

- Advising: meeting with advisor twice a year to discuss courses
- After the advising meeting, you will be asked to confirm via email that you would like us to enroll you in the courses. Once you confirm, Ms. Zoraya Arguello will register you for the courses.

IMPORTANT: *You do NOT register for courses yourself on MyFIU.*

- You will be enrolled only in the courses that you request. Once we enroll you, you will receive an email confirmation of enrollment.
- You must then process payment for the courses by the published university deadline to avoid cancellation of enrollment.



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Important Reminders

- You received a Conditional Admission? Academic Conditional Admission (must complete 9 credits with a minimum CUM GPA in two consecutive semesters) or Pending Final Transcripts (must submit final transcripts before end of the semester).
- You need to miss one semester?
- You are on academic warning?
- You are missing class because you have an emergency?
- Adding a certificate
- Courses in Canvas – asynchronous
- Use of FIU email



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OneStop

Phone/Chat Hours

Monday – Thursday: 9am – 8pm

Friday: 9am – 6pm

onestop.fiu.edu/contact/onestop/

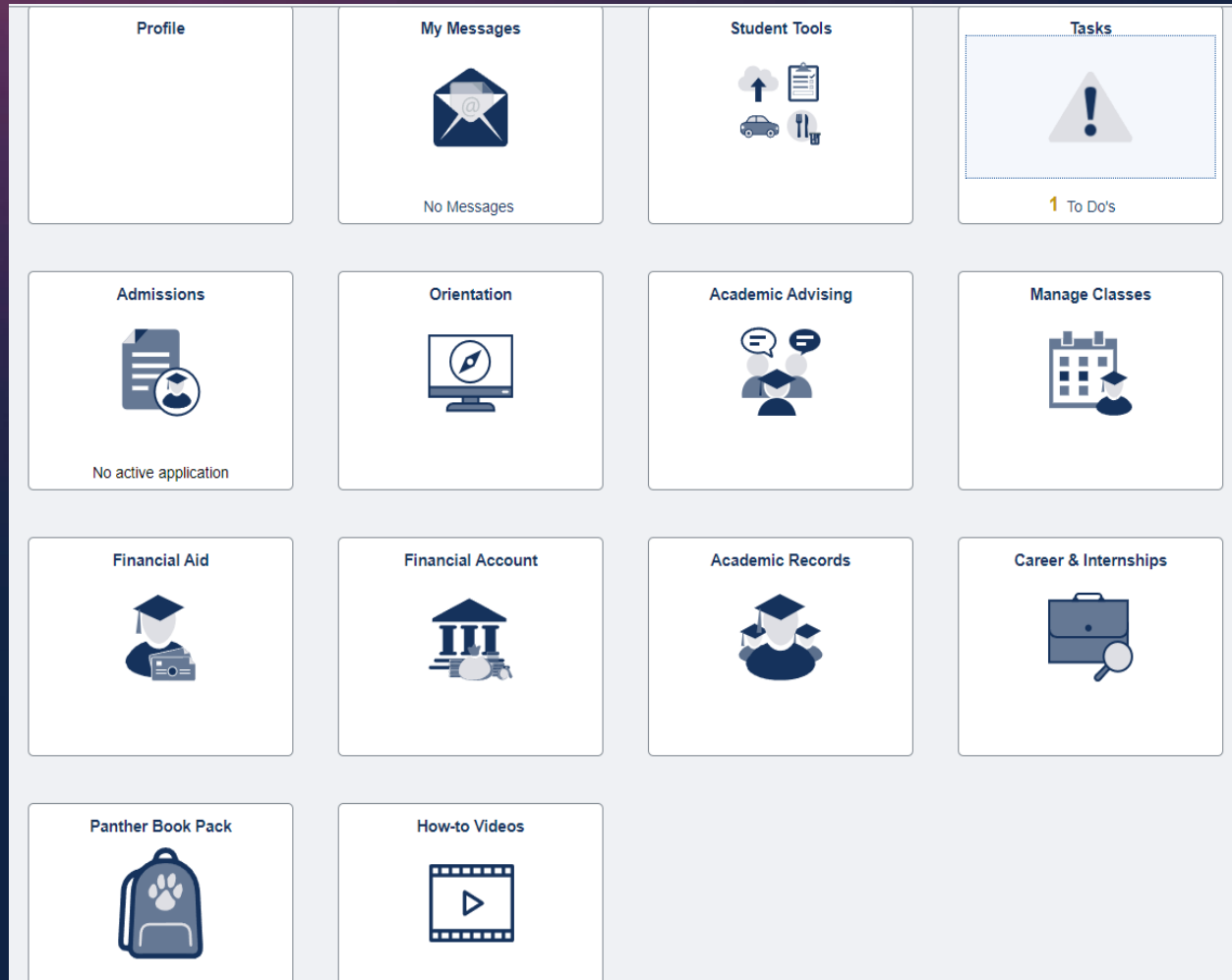
Last day to enroll without incurring a late enrollment fee: [August 20th](#)

Last day to Add/Drop: August 28th

Enrollment cancellation for non-payment: [September 1st](#)

First day of class: [August 21st](#)

Monitor your Progress



Student Center Functions

- University messages
- Enrollment
- Financials
- Biographical information
- Student E-Forms
- Degree Audits
- Canvas
- Parking Permits
- Student Health

Practicum in Public Health

- Presented by:

Ms. Cindy Perez
Public Health Practicum
Coordinator

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The Practicum

– Applied Practice Experience –

- Culminating experience
- Applying education & training within an agency/entity/organization
- Temporary position (200 hours need to be completed)
- **Requirements:**
 - At least 30 credits completed*
 - Approval by Practicum Instructor
 - Completed and approved forms
 - Form A: Education Plan
 - Form B: Preceptor Agreement
 - Letter of internship offer / establishment of Affiliation Agreement

*Accelerated students must begin this process during their FIRST semester



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The Practicum

– Information Sessions –

- Attendance required (email will inform)
- **Topics:**
 - Best practices with placement search
 - Details on competencies and submission of required forms
 - Student and preceptor requirements
 - And more!

Student Success



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Office of Student & Alumni Affairs Overview

Located in AHC5 Room 145 | 305-348-7783

- Important Dates
- University Resources and Activities
- College Resources and Activities



Student Success

- Professional Development
- Funding and Access to On-campus Resources
- Student Engagement
- Outreach and Staying Connected

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University Resources & Activities

Professional Development

- Career & Talent Development: <https://career.fiu.edu>
- Center for Leadership and Service: <https://studentaffairs.fiu.edu/get-involved/leadership-and-service/>
- Workshops for Graduate Students: <https://gradschool.fiu.edu/events/>

Other Resources

- Student Government Association
- Graduate & Professional Student Committee (GPSC)

University Resources

- Counseling & Psychological Services (CAPS)
 - Individual, group, online, and couples counseling
- Student Health Services- Healthy Living Program
 - Chair Massages
 - Aromatherapy oils
 - Dietitian Consultation
- Wellness & Recreation Center (AKA: Gym)
 - FREE classes and Fitness Assessment
- FIU Food Pantry
 - 10 pounds of food per week- currently located in GC 319
 - <https://dasa.fiu.edu/all-departments/student-food-pantry/>
- Tutoring Services



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FIU CAPS: Counseling and Psychological Services

Offers many services for students including online self-help, counseling, workshops, resources, anxiety/depression help, and a variety of other services! We are here to help you succeed!

Website: caps.fiu.edu

Contact

To make an appointment with us, please call the offices at MMC or BBC. Appointments will be held over the phone or by videoconference (through a HIPAA-compliant platform).

Modesto A. Maidique Campus

Student Health Center (SHC) 270
[305-348-2277](tel:305-348-2277) (CAPS)

Monday - Friday: 8 AM - 5 PM

Biscayne Bay Campus

Wolfe University Center (WUC) 320
[305-919-5305](tel:305-919-5305)

Monday - Friday: 8 AM - 5 PM

Follow us!



Counseling & Psychological Services (CAPS) currently offers the following **on-campus services:**



Group Counseling



Individual and couples counseling



Psycho-educational testing



Biofeedback



Medication management



Trauma and victimization



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FIU Student Health Center

- Affordable and accessible student-focused medical care
- Pharmacy
- Healthy Living Program
- Stress Management
- Massage therapy/acupuncture
- Free aroma therapy oils
- And MORE!!!

Currently seeing students by appointment only. In-person and telehealth meeting options are available. In order to protect the well-being of students and our staff, they are not accepting walk-in appointments. Please call 305-348-8385 or use the **MyHealthInfo Portal** to schedule an appointment.

Location: Student Health Center (SHC)

Phone: 305-348-8385

Website: studenthealth.fiu.edu





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FIU Food Pantry

The student food pantry provides non-perishable food items including canned proteins, fruits, dairy, vegetables, and soups, along with grains, oils and condiments. Toiletry items are also provided in our pantry.

The pantry is available to all currently enrolled FIU students. Proof of need is not required, and students can visit once a week, taking 10 pounds of food per visit. All you need is your FIU Onecard!



Contact

Modesto Maidique Campus Pantry

Location: GC 319

Monday: 12:30pm-5:00pm

Tuesday: 12:00pm-4:30pm

Wednesday: 12:30pm-5:00pm

Thursday: 12:00pm-4:30pm

Friday: 11:00am-3:00pm

Biscayne Bay Campus Pantry

Location: WUC 256

Monday, Tuesday, Wednesday: 12:30pm-5:00pm

Thursday: 12:00pm-3:00pm

Friday: Closed



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FIU Center for Excellence in Writing

Assist students in all stages of the writing process through face-to-face and online tutoring, workshops and community engagement. Whether you are brainstorming, drafting, revising or polishing, their writing consultants can assist you with papers, reports, and projects for any course in any department.



Make an appointment at:
writingcenter.fiu.edu

Contact Us

Center for Excellence in Writing

MMC: 11200 SW 8th Street, GL 125

Miami, FL 33199

Tel: [305-348-6634](tel:305-348-6634)

BBC: 3000 NE 151st Street, HL Second Floor

Miami, FL 33181

Tel: [305-919-4036](tel:305-919-4036)

Engineering Center: 10555 West Flagler Street, EC 2792

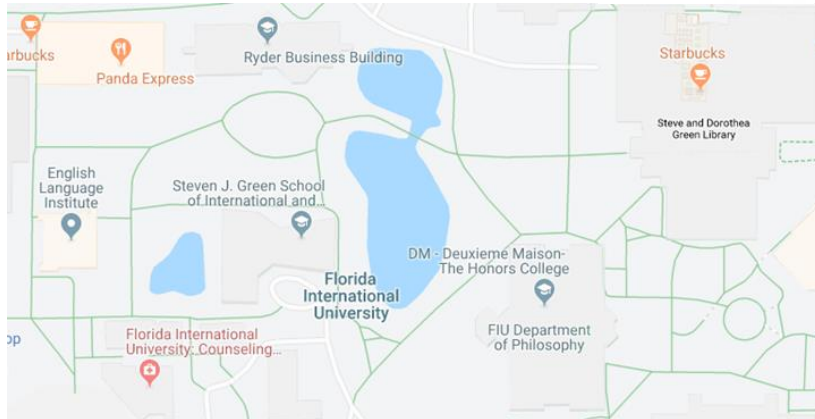
Miami, FL 33181

Tel: [305-348-6634](tel:305-348-6634)

fiucew@fiu.edu



Where's Tutoring?



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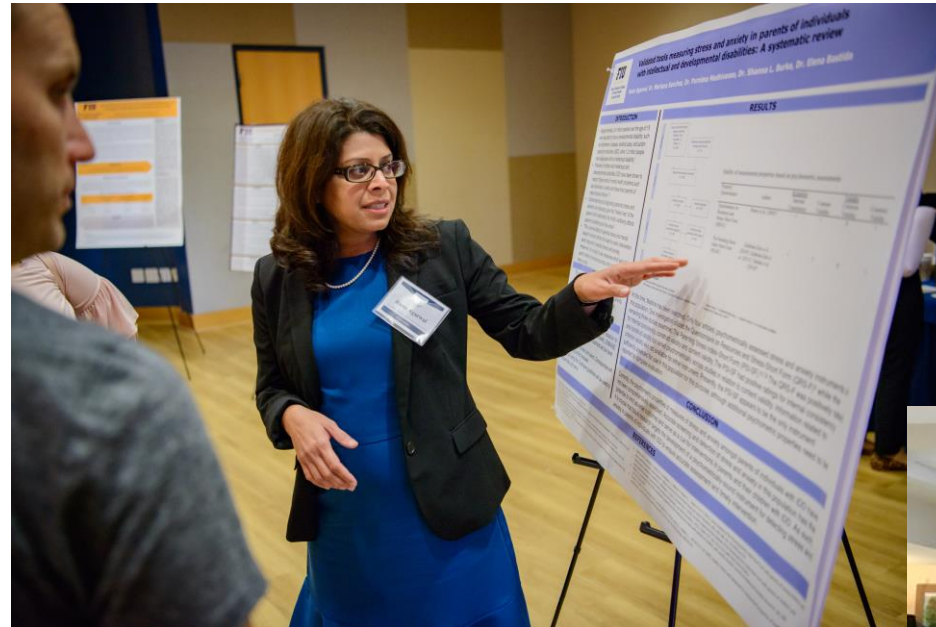
FREE!!!!

The **Center for Academic Success** has plenty of tutors who are able available to help you with your academic needs.

Online tutoring is also available.

Book a tutoring session today at:
cfas.fiu.edu

Stempel College Student Success Resources



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Career Events



CAREER FAIRS

Monday, September 18th 2023

[Internship Fair](#)

11:00am-3:00pm

Tuesday, September 19th 2023

[All Majors Fair](#)

11:00am-3:00pm

Wednesday, September 20th 2023

[Technical Majors Fair](#)

11:00am-3:00pm



WORKSHOPS

Thursday, September 14th 2023

Zoom

[Refine your Resume for Career Fair](#)

12:00pm-1:00pm

Thursday, October 19th 2023

Zoom

[Insider Tips on How to Communicate Like a Pro](#)

3:00pm-4:00pm

Wednesday, November 8th 2023

Zoom

[Explore your LinkedIn Brand](#)

12:00pm-1:00pm

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Stempel College Career Development Overview

- One on one Career Coaching
- Career Exploration/Assessments (MBTI & Strong)
- Employment/Internship Opportunities
- Networking/Career Events
- Professional Development Workshops
- Handshake
- VMOCK

**Panther Career
Readiness Module
Requirement**



IT STARTS WITH
A HANDSHAKE.



FIU
Career and Talent
Development

Career Development Resources

HANDSHAKE IS FIU'S NEW DATABASE FOR CAREER OPPORTUNITIES AND EVENTS.

Use Handshake to:

- ✓ apply to internships, full-time and part-time jobs
- ✓ make an appointment to meet with a career coach
- ✓ see upcoming workshops, career fairs and events
- ✓ find employers for on campus interviews

FIU.JOINHANDSHAKE.COM



VMock SMART Resume


IMPACT


Focuses on the quality of content
and its impact on recruiters.

30 / 40

 **Action Oriented**
Good Job!

 **Specifics**
On Track!


 **Overusage**
On Track!


 **Avoided Words**
Needs Work!


PRESENTATION


Focuses on whether your resume
is in sync with format
requirements.


12 / 30

 **Number of Pages**
Good Job!

 **Overall Format**
Needs Work!

 **Essential Sections**
Good Job!


 **Section Specific**
Good Job!

 **Spell Check**
Needs Work!


COMPETENCIES


Assesses how well you have
reflected your 5 core
competencies.

30 / 30

 **Analytical**
Good Job!

 **Communication**
Good Job!

 **Leadership**
Good Job!

 **Teamwork**
Good Job!

 **Initiative**
Good Job!

● Good Job! ● On Track! ● Needs Work!

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Subject: (no subject)
From: hollaatme@xyznet.com



NOT THIS

Hey professor,
are we doing anything important in class i have a dr appointmnt
bc im throwing up so jus wanted to let you know I won't be their today.
Peace out lolz,
Joe :)



Do not leave the subject line blank. Do not use your personal e-mail account. Treat your professor with respect. "Hey" "Yo" and "What's up" are not acceptable greetings. Always proofread before sending. Avoid spelling and grammar mistakes. Don't use texting language and emojis when communicating with your professor.

Subject: missing GEB class on Thursday
From: student@fiu.edu



DO THIS

Dear Professor Smith,
I'm in your 8:30 GEB class on Tues/Thu. I wanted to let you know that I will miss Thursday's class because I have a doctor's appointment. I already consulted the syllabus and finished the required reading for that day. I will return to class the following week.
Thank you,
First Name, Last Name, Panther ID

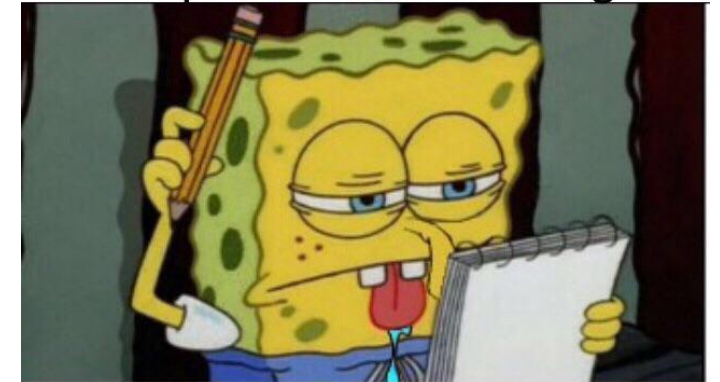
Be clear about the reason for your e-mail in the subject line. Use your FIU e-mail address. Formally greet your professor with title and last name. Be respectful and polite. Clearly state the course you are in. Close your e-mail with a brief thank you and full name.

Career Prep Starts Today!

Communicating with Your Professors

- Use and check your FIU email
 - Do not use your 2cute4u@something.com or McLovin@something.com
- Informative subject line
- Begin with a formal greeting
 - ie: Good Afternoon, Dear, Hello, or Greetings Professor _____
(NOT: hey, what's up)
- No text-like (slang, emoticons, abbreviations)
 - ie: How r u?, Thx 4 ur help, idk what 2 rite
- Ask clear questions or provide clear statements
 - Be concise and professional
- Check your grammar (punctuation, spelling)
 - Grammarly
- Close email properly and include your name and panther ID
 - Sincerely, Best Regards, Thank you

Me re-reading my email to a teacher for the 27th time before sending to make sure I sound professional enough



Career Development Contact Information

Ms. Isabel Capella

Career Specialist

icapella@fiu.edu

(305) 348-2264

Stempel College Office of Student & Alumni Affairs

AHC5-142

Professional Development Workshop Calendar:

<https://stempel.fiu.edu/students/careers/index.html>



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Financial Wellness



Irene Abad
iabad@fiu.edu
305-348-4692



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- Figuring out your tuition and account balance
- Accessing your financial aid funds
- Searching and applying for scholarships
- Addressing Emergencies (Emergency Aid Fund)
- Offer *Funding Your Graduate Education* Workshop

FIU's Financial Wellness Program

finwell.fiu.edu

- Workshops
- [iGrad](#) (Financial Literacy Platform)
- Financial Wellness Coaching



Scholarships

- Stempel College
 - <https://stempel.fiu.edu/students/funding-your-education/index.html>
- FIU Scholarships and Academic Works
 - <https://fiu.academicworks.com>
- Office of Scholarships
 - <https://scholarships.fiu.edu>
- OneStop
 - <https://onestop.fiu.edu/finances/types-of-aid/scholarships/>
- University Graduate School
 - <http://gradschool.fiu.edu/students/funding/>
- International Student & Scholar Services
 - <https://iss.fiu.edu/finances-taxes/financial-resources/>



Perks

- FIU Panther TECH
 - FREE downloads of Microsoft Office and McAfee LiveSafe Antivirus
- FIU Library- Tech Hub
 - Borrow a laptop (4 hours or up to 3 days)
 - Borrow other devices (tablets, accessories, Kindle, calculators, flipcams, etc.)
 - <https://library.fiu.edu/using-the-library/device-checkout>
- Parking & Transportation
 - FreeBee- Free on-demand door to door transportation services for our FIU community, simply download the app
 - Panther Express- from BBC to MMC
 - CATS Shuttle- from MMC to EC
 - Sweetwater Trolley, Doral Trolley, and North Miami Shuttle Bus
 - Tire inflation station, charging stations, and vehicle jump start
 - <https://parking.fiu.edu/>
- FIU One-Card Rewards
 - Earn points and get prizes
 - <https://onecard.fiu.edu/>



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Student Discounts

- FIU Panther TECH
 - Greatly discounted software including major specific (ie: SPSS)
 - Computers, tablets, phones, repairs, etc.
- FIU Retail & Services
 - Retail- From FIU apparel to course materials, printing & shipping, optical care, and more
 - Services- From health & beauty, to automotive care, and banking
 - <https://shop.fiu.edu/>
- Public Transportation
 - Eligible full-time college students can ride transit at a 50% discounted rate as part of the College Discount Program – just \$56.25 per month!
 - <https://operations.fiu.edu/transportation/public-transportation/index.html>
- Children's Creative Learning Center
 - Must be full time student (9 cr. for undergrad and 6 cr. for grad)
 - Ages 2-5 years old
 - <https://dasa.fiu.edu/all-departments/childrens-creative-learning-center/>



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Student Discounts

- FIU Human Resources Perks
 - <https://hr.fiu.edu/employees-affiliates/benefits/perks-services/>
- Amazon Prime Student
 - As a FIU student, you receive a FREE six-month trial!
 - After your trial period, Prime Student membership makes you eligible to receive a 50% OFF on Amazon Prime
 - www.amazon.com/joinstudent
- Adrienne Arsht Center
 - Enter promo code FIUPANTHER prior to selecting your seats!
 - www.arshtcenter.org
- Phone Service Provider (AT&T, Sprint, T-Mobile, Verizon)
- Car Insurance (Geico)
- Tickets At Work
 - Company Code: FIUPANTHERS
 - <https://ticketsatwork.com/tickets/account.php?sub=enroll>
- Online stores via UniDays
 - <https://www.myunidays.com/US/en-US/content/about>

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Stay Connected!

Stempel College Office of Student & Alumni Affairs
AHC5-145

Monday thru Friday 8:30 am-5:00 pm

Phone: 305-348-7783

- Study Room – May reserve up to 3-hour time slots; up to two students at a time
- Events, Funding, and Career Opportunities – Weekly Newsletter
- Student Organizations & Collaboration with OSAA
- Student Resources <https://stempel.fiu.edu/students/index.html>

Follow Us!





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Student Life at Stempel College

Student Organizations

Student Dietetics Association (SDA)

Yihao Chin, President
president.sda@gmail.com

Association of Graduate Students in Dietetics & Nutrition (AGSDN)

Sofia Arraut, President
sarra010@fiu.edu

Student Social Work Association (SSWA)

Huston Ochoa, President
hocho001@fiu.edu



Stempel Public Health Association (SPHA)

Deidre Okeke, President
dokek001@fiu.edu

Environmental Health Sciences Association (EHSA)

Nicole Blum, President
nblum@fiu.edu

Leaders in Maternal & Child Health (LMCH)

Alessandra Krause, Interim President
akrau010@fiu.edu

Panther Connect:

<https://fiu.campuslabs.com/engage/>

