Online MPH
New Student Orientation

Fall 2023
Welcome and introduction
Faculty introduction
Advising Registration
Practicum
Office of Student and Alumni Affairs Overview

Link to Orientation page:
https://go.fiu.edu/stempelnewstudentorientation
Academic Programs at Stempel College

Department of Dietetics and Nutrition:
- Bachelor’s
- Master’s
- Ph.D.

Public Health Programs (MPH and PhD):
- Biostatistics
- Epidemiology
- Infectious Disease
- Environmental Health Sciences
- Environmental Toxicology
- Health Promotion & Disease Prevention
- Maternal & Child Health
- Health Disparities
- MPH Online Generalist

School of Social Work:
- Bachelor’s
- Master’s
- Ph.D.

Academy for International Disaster Preparedness:
- Bachelor’s
- Master’s
Online MPH Generalist Introduction

Dr. Yasenka Peterson, Director Online MPH
Ms. Cindy Perez, Practicum Coordinator, Assistant Clinical Professor
Dr. Jairo Ramos, Assistant Teaching Professor
Dr. Susy Gómez – Assistant Dean of Student & Alumni Affairs
Isabel Capella – Career Specialist
Irene Abad – Manager of Academic & Student Success
Jose Candelaria – Admissions Manager & Recruiter
Zoraya Arguello – Sr. Coordinator of Public Health Programs
Fiorella Suyon – Public Health Admissions Coordinator
Sandhya Appunni – Data Analyst
Candela Giacchino – Student Assistant
Elia Diaz – Student Assistant
# Online MPH Generalist Introduction

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Prefix</th>
<th>RXD</th>
<th>Course Title</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>PHC 6102</td>
<td>RXD</td>
<td></td>
<td>Intro to PH Policy</td>
<td>Dr. Elliot</td>
</tr>
<tr>
<td>PHC 6410</td>
<td>RXD</td>
<td></td>
<td>Hlth Beh &amp; Pub Hlth</td>
<td>Dr. Sebekos</td>
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<tr>
<td>PHC 6052</td>
<td>RXD</td>
<td></td>
<td>Biostatistics I</td>
<td>Dr. Webber</td>
</tr>
<tr>
<td>PHC 6315</td>
<td>RXE</td>
<td></td>
<td>Intro to Env Hlth Sci</td>
<td>Dr. Deoraj</td>
</tr>
<tr>
<td>PHC 6000</td>
<td>RXE</td>
<td></td>
<td>Epi I: Intro PH Epi</td>
<td>Dr. Gebrezgi</td>
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</tbody>
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# Program Curriculum

<table>
<thead>
<tr>
<th>PUBLIC HEALTH CORE</th>
<th>Elective</th>
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<tbody>
<tr>
<td>Intro to Public Health Epidemiology</td>
<td>Health Promotion in Culturally Diverse Communities</td>
</tr>
<tr>
<td>Intro to Public Health Policy and Management</td>
<td>Environmental Disasters</td>
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<tr>
<td>Intro to Environmental Health Sciences</td>
<td>Environmental Health and Safety</td>
</tr>
<tr>
<td>Biostatistics I</td>
<td>AIDS epidemiology</td>
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<tr>
<td>Health Behavior and Public Health</td>
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</tbody>
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<table>
<thead>
<tr>
<th>ONLINE CORE</th>
<th>CULMINATING EXPERIENCE</th>
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<tbody>
<tr>
<td>Public Health Management and Leadership</td>
<td>Practicum in Public Health</td>
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<tr>
<td>Data Management and Applied Epidemiologic Analysis</td>
<td>Integrative Seminar in Public Health</td>
</tr>
<tr>
<td>Health Demography</td>
<td></td>
</tr>
<tr>
<td>Community Health Promotion Planning and Research</td>
<td></td>
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<tr>
<td>Health Communication</td>
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</table>
Become Familiar with your Student Center

my.fiu.edu

Presented by Zoraya Arguello
Public Health Sr. Coordinator
Advising, Registration, Academic Progress

• Advising: meeting with advisor twice a year to discuss courses

• After the advising meeting, you will be asked to confirm via email that you would like us to enroll you in the courses. Once you confirm, Ms. Zoraya Arguello will register you for the courses.

IMPORTANT: You do NOT register for courses yourself on MyFIU.

• You will be enrolled only in the courses that you request. Once we enroll you, you will receive an email confirmation of enrollment.

• You must then process payment for the courses by the published university deadline to avoid cancellation of enrollment.
Important Reminders

• You received a Conditional Admission? Academic Conditional Admission (must complete 9 credits with a minimum CUM GPA in two consecutive semesters) or Pending Final Transcripts (must submit final transcripts before end of the semester).

• You need to miss one semester?

• You are on academic warning?

• You are missing class because you have an emergency?

• Adding a certificate

• Courses in Canvas – asynchronous

• Use of FIU email
OneStop
Phone/Chat Hours
Monday – Thursday: 9am – 8pm
Friday: 9am – 6pm
onestop.fiu.edu/contact/onestop/

Last day to enroll without incurring a late enrollment fee: **August 20th**
Last day to Add/Drop: August 28th
Enrollment cancellation for non-payment: **September 1st**
First day of class: **August 21st**
Monitor your Progress

Student Center Functions

- University messages
- Enrollment
- Financials
- Biographical information
- Student E-Forms
- Degree Audits
- Canvas
- Parking Permits
- Student Health
Practicum in Public Health

- Presented by:

Ms. Cindy Perez
Public Health Practicum Coordinator
The Practicum
– Applied Practice Experience –

• Culminating experience
• Applying education & training within an agency/entity/organization
• Temporary position (200 hours need to be completed)
• **Requirements:**
  • At least 30 credits completed*
  • Approval by Practicum Instructor
  • Completed and approved forms
    • Form A: Education Plan
    • Form B: Preceptor Agreement
    • Letter of internship offer / establishment of Affiliation Agreement

*Accelerated students must begin this process during their **FIRST** semester
The Practicum – Information Sessions –

• Attendance required (email will inform)

• **Topics:**
  • Best practices with placement search
  • Details on competencies and submission of required forms
  • Student and preceptor requirements
  • And more!
Student Success

Robert Stempel College of Public Health & Social Work

FIU
Office of Student & Alumni Affairs Overview
Located in AHC5 Room 145 | 305-348-7783

- Important Dates
- University Resources and Activities
- College Resources and Activities

Student Success
- Professional Development
- Funding and Access to On-campus Resources
- Student Engagement
- Outreach and Staying Connected
University Resources & Activities

Professional Development

➢ Career & Talent Development: https://career.fiu.edu

➢ Center for Leadership and Service: https://studentaffairs.fiu.edu/get-involved/leadership-and-service/

➢ Workshops for Graduate Students: https://gradschool.fiu.edu/events/

Other Resources

➢ Student Government Association

➢ Graduate & Professional Student Committee (GPSC)
University Resources

- Counseling & Psychological Services (CAPS)
  - Individual, group, online, and couples counseling
- Student Health Services- Healthy Living Program
  - Chair Massages
  - Aromatherapy oils
  - Dietitian Consultation
- Wellness & Recreation Center (AKA: Gym)
  - FREE classes and Fitness Assessment
- FIU Food Pantry
  - 10 pounds of food per week - currently located in GC 319
  - https://dasa.fiu.edu/all-departments/student-food-pantry/
- Tutoring Services
FIU CAPS: Counseling and Psychological Services

Offers many services for students including online self-help, counseling, workshops, resources, anxiety/depression help, and a variety of other services! We are here to help you succeed!

Website: caps.fiu.edu
FIU Student Health Center

- Affordable and accessible student-focused medical care
- Pharmacy
- Healthy Living Program
- Stress Management
- Massage therapy/acupuncture
- Free aroma therapy oils
- And MORE!!!

Location: Student Health Center (SHC)
Phone: 305-348-8385
Website: [studenthealth.fiu.edu](http://studenthealth.fiu.edu)

Currently seeing students by appointment only. In-person and telehealth meeting options are available. In order to protect the well-being of students and our staff, they are not accepting walk-in appointments. Please call 305-348-8385 or use the [MyHealthInfo Portal](http://myhealthinfo.fiu.edu) to schedule an appointment.
The student food pantry provides non-perishable food items including canned proteins, fruits, dairy, vegetables, and soups, along with grains, oils and condiments. Toiletry items are also provided in our pantry.

The pantry is available to all currently enrolled FIU students. Proof of need is not required, and students can visit once a week, taking 10 pounds of food per visit. All you need is your FIU OneCard!
FIU Center for Excellence in Writing

Assist students in all stages of the writing process through face-to-face and online tutoring, workshops and community engagement. Whether you are brainstorming, drafting, revising or polishing, their writing consultants can assist you with papers, reports, and projects for any course in any department.

Make an appointment at:
writingcenter.fiu.edu
FREE!!!!

The Center for Academic Success has plenty of tutors who are able available to help you with your academic needs.

Online tutoring is also available.

Book a tutoring session today at: cfas.fiu.edu
Stempel College Student Success Resources
**Career Events**

**CAREER FAIRS**

Monday, September 18th 2023  
**Internship Fair**  
11:00am-3:00pm

Tuesday, September 19th 2023  
**All Majors Fair**  
11:00am-3:00pm

Wednesday, September 20th 2023  
**Technical Majors Fair**  
11:00am-3:00pm

**WORKSHOPS**

Thursday, September 14th 2023  
Zoom  
**Refine your Resume for Career Fair**  
12:00pm-1:00pm

Thursday, October 19th 2023  
Zoom  
**Insider Tips on How to Communicate Like a Pro**  
3:00pm-4:00pm

Wednesday, November 8th 2023  
Zoom  
**Explore your LinkedIn Brand**  
12:00pm-1:00pm
Stempel College Career Development Overview

- One on one Career Coaching
- Career Exploration/Assessments (MBTI & Strong)
- Employment/Internship Opportunities
- Networking/Career Events
- Professional Development Workshops
- Handshake
- VMOCK

Panther Career Readiness Module Requirement
VMock SMART Resume

**IMPACT**
Focuses on the quality of content and its impact on recruiters.

**PRESENTATION**
Focuses on whether your resume is in sync with format requirements.

**COMPETENCIES**
Assesses how well you have reflected your core competencies.

- Impact Score: 30 / 40
- Presentation Score: 12 / 30
- Competencies Score: 30 / 30

- Action Oriented: Good Job!
- Specifics: On Track
- Overusage: On Track
- Avoided Words: Needs Work!

- Number of Pages: Good Job!
- Overall Format: Needs Work!
- Essential Sections: Good Job!
- Section Specific: Good Job!
- Spell Check: Needs Work!
Subject: (no subject)
From: hollaatme@xyznet.com

Hey professor,
are we doing anything important in class i have a dr appointment
bc im throwing up so jus wanted to let you know i won’t be there today.
Peace out lolz,
Joe ;)

Do not leave the subject line blank. Do not use your personal e-mail account. Treat your professor with respect. "Hey" "Yo" and "What's up" are not acceptable greetings. Always proofread before sending. Avoid spelling and grammar mistakes. Don't use texting language and emojis when communicating with your professor.

Subject: missing GEB class on Thursday
From: student@fiu.edu

Dear Professor Smith,
I'm in your 8:30 GEB class on Tues/Thu. I wanted to let you know that I will miss Thursday's class because I have a doctor's appointment. I already consulted the syllabus and finished the required reading for that day. I will return to class the following week.
Thank you,
First Name, Last Name, Panther ID

Be clear about the reason for your e-mail in the subject line. Use your FIU e-mail address. Formally greet your professor with title and last name. Be respectful and polite. Clearly state the course you are in. Close your e-mail with a brief thank you and full name.
Career Prep Starts Today!
Communicating with Your Professors

• Use and check your FIU email
  • Do not use your 2cute4u@something.com or McLovin@something.com
• Informative subject line
• Begin with a formal greeting
  • ie: Good Afternoon, Dear, Hello, or Greetings Professor ______
    (NOT: hey, what’s up)
• No text-like (slang, emoticons, abbreviations)
  • ie: How r u?, Thx 4 ur help, idk what 2 rite
• Ask clear questions or provide clear statements
  • Be concise and professional
• Check your grammar (punctuation, spelling)
  • Grammarly
• Close email properly and include your name and panther ID
  • Sincerely, Best Regards, Thank you

Me re-reading my email to a teacher for the 27th time before sending to make sure I sound professional enough
Career Development Contact Information

Ms. Isabel Capella  
Career Specialist  
icapella@fiu.edu  
(305) 348-2264

Stempel College Office of Student & Alumni Affairs  
AHC5-142

Professional Development Workshop Calendar:  
https://stempel.fiu.edu/students/careers/index.html
Financial Wellness

- Figuring out your tuition and account balance
- Accessing your financial aid funds
- Searching and applying for scholarships
- Addressing Emergencies (Emergency Aid Fund)
- Offer Funding Your Graduate Education Workshop

FIU’s Financial Wellness Program
fiu.finwell.fiu.edu

- Workshops
- iGrad (Financial Literacy Platform)
- Financial Wellness Coaching

Irene Abad
iabad@fiu.edu
305-348-4692
Scholarships

- Stempel College
  - [https://stempel.fiu.edu/students/funding-your-education/index.html](https://stempel.fiu.edu/students/funding-your-education/index.html)
- FIU Scholarships and Academic Works
  - [https://fiu.academicworks.com](https://fiu.academicworks.com)
- Office of Scholarships
  - [https://scholarships.fiu.edu](https://scholarships.fiu.edu)
- OneStop
  - [https://onestop.fiu.edu/finances/types-of-aid/scholarships/](https://onestop.fiu.edu/finances/types-of-aid/scholarships/)
- University Graduate School
  - [http://gradschool.fiu.edu/students/funding/](http://gradschool.fiu.edu/students/funding/)
- International Student & Scholar Services
  - [https://isss.fiu.edu/finances-taxes/financial-resources/](https://isss.fiu.edu/finances-taxes/financial-resources/)
Perks

• FIU Panther TECH
  • FREE downloads of Microsoft Office and McAfee LiveSafe Antivirus
• FIU Library- Tech Hub
  • Borrow a laptop (4 hours or up to 3 days)
  • Borrow other devices (tablets, accessories, Kindle, calculators, flipcams, etc.)
  • https://library.fiu.edu/using-the-library/device-checkout
• Parking & Transportation
  • FreeBee- Free on-demand door to door transportation services for our FIU community, simply download the app
  • Panther Express- from BBC to MMC
  • CATS Shuttle- from MMC to EC
  • Sweetwater Trolley, Doral Trolley, and North Miami Shuttle Bus
  • Tire inflation station, charging stations, and vehicle jump start
  • https://parking.fiu.edu/
• FIU One-Card Rewards
  • Earn points and get prizes
  • https://onecard.fiu.edu/
Student Discounts

• FIU Panther TECH
  • Greatly discounted software including major specific (ie: SPSS)
  • Computers, tablets, phones, repairs, etc.
• FIU Retail & Services
  • Retail- From FIU apparel to course materials, printing & shipping, optical care, and more
  • Services- From health & beauty, to automotive care, and banking
  • https://shop.fiu.edu/
• Public Transportation
  • Eligible full-time college students can ride transit at a 50% discounted rate as part of the College Discount Program – just $56.25 per month!
  • https://operations.fiu.edu/transportation/public-transportation/index.html
• Children’s Creative Learning Center
  • Must be full time student (9 cr. for undergrad and 6 cr. for grad)
  • Ages 2-5 years old
  • https://dasa.fiu.edu/all-departments/childrens-creative-learning-center/
Student Discounts

• FIU Human Resources Perks
  • https://hr.fiu.edu/employees-affiliates/benefits/perks-services/
• Amazon Prime Student
  • As a FIU student, you receive a FREE six-month trial!
  • After your trial period, Prime Student membership makes you eligible to receive a 50% OFF on Amazon Prime
  • www.amazon.com/joinstudent
• Adrienne Arsht Center
  • Enter promo code FIUPANTHER prior to selecting your seats!
  • www.arshtcenter.org
• Phone Service Provider (AT&T, Sprint, T-Mobile, Verizon)
• Car Insurance (Geico)
• Tickets At Work
  • Company Code: FIUPANTHERS
  • https://ticketsatwork.com/tickets/account.php?sub=enroll
• Online stores via UniDays
  • https://www.myunidays.com/US/en-US/content/about
Stay Connected!

Stempel College Office of Student & Alumni Affairs
AHC5-145
Monday thru Friday 8:30 am-5:00 pm
Phone: 305-348-7783

- Study Room – May reserve up to 3-hour time slots; up to two students at a time
- Events, Funding, and Career Opportunities – Weekly Newsletter
- Student Organizations & Collaboration with OSAA
- Student Resources [https://stempel.fiu.edu/students/index.html](https://stempel.fiu.edu/students/index.html)
Student Life at Stempel College
Student Organizations

Student Dietetics Association (SDA)
Yihao Chin, President
president.sda@gmail.com

Association of Graduate Students in Dietetics & Nutrition (AGSDN)
Sofía Arraut, President
sarra010@fiu.edu

Student Social Work Association (SSWA)
Huston Ochoa, President
hocho001@fiu.edu

Panther Connect:
https://fiu.campuslabs.com/engage/

Stempel Public Health Association (SPHA)
Deidre Okeke, President
dokek001@fiu.edu

Environmental Health Sciences Association (EHSA)
Nicole Blum, President
nblum@fiu.edu

Leaders in Maternal & Child Health (LMCH)
Alessandra Krause, Interim President
akrau010@fiu.edu