



Robert Stempel College
of Public Health
& Social Work

Complete our Orientation Survey!





Robert Stempel College
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Stempel College New Student Orientation

Fall 2025

Agenda

- Welcome
- Office of Student and Alumni Affairs Overview
- Library Services
- Student Organizations Introduction
- Program Breakout Sessions

Link to Orientation page:

<https://go.fiu.edu/stempelnewstudentorientation>



Robert Stempel College
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Academic Programs at Stempel College

Department of Dietetics and Nutrition:

Bachelor's
Master's
Ph.D.

Public Health Programs (MPH and PhD):

- Biostatistics
- Epidemiology
- Infectious Disease
- Environmental Health Sciences
- Environmental Toxicology
- Global Health
- Health Promotion & Disease Prevention
- Maternal & Child Health
- Health Disparities
- MPH Online Generalist

School of Social Work:

Bachelor's
Master's
Ph.D.

Academy for International Disaster Preparedness:

Bachelor's
Master's



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Office of Student & Alumni Affairs AHC5 – 145



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Meet the OSAA Team

Dr. Susy Gómez – Assistant Dean of Student & Alumni Affairs

Isabel Capella – Career Specialist

Irene Abad – Manager of Academic & Student Success

Jose Candelaria – Admissions Manager & Recruiter

Zoraya Arguello – Sr. Coordinator of Public Health Programs

Fiorella Suyon – Public Health Admissions Coordinator

Sandhya Appunni – Data Analyst

Andrea (Nicole) Carrasco – Student Assistant

Student Success



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IMPORTANT DATES:



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New Graduate Student Orientation University Graduate School

Part I: Online Orientation

Visit: <https://gradorientation.fiu.edu/>

Part II: Welcome Session

Thursday, August 21, 2025

10:00am to 12:30pm

Graham Center (GC) Ballrooms

International Student and Scholars Services New International Student Orientation

Friday, August 22, 2025

2:00pm to 4:00pm

Student Academic Success Center (SASC) 160



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OneStop

Phone/Chat Hours

Monday – Friday: 9am – 5pm

onestop.fiu.edu/contact/onestop/

Last day to enroll without incurring a late enrollment fee: [August 24th](#)

Last day to Add/Drop: [August 31st](#)

Enrollment cancellation for non-payment: [September 4th](#)

First day of class? [Monday, August 25th](#)

University Resources



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FIU CAPS: Counseling and Psychological Services

Offers many services for students including online self-help, counseling, workshops, resources, anxiety/depression help, and a variety of other services! We are here to help you succeed!

Website: caps.fiu.edu

Contact

To make an appointment with us, please call [305-348-2277](tel:305-348-2277) (CAPS) for both **MMC** and **BBC** offices.

Appointments will be held in person or by videoconference (through a HIPAA-compliant platform).

Hours:

Monday - Friday | 8:00am - 5:00pm

Locations:

Modesto Maidique Campus | Student Health Center (SHC) 270

Biscayne Bay Campus | Wolfe University Center (WUC) 320

Follow us!



Counseling & Psychological Services (CAPS) currently offers the following **on-campus services:**



Group Counseling



Individual and couples counseling



Psycho-educational testing



Biofeedback



Medication management



Trauma and victimization



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FIU Student Health Center

- Affordable and accessible student-focused medical care
- Pharmacy
- Healthy Living Program
- Stress Management
- Massage therapy/acupuncture
- Free aroma therapy oils
- And MORE!!!

We strongly recommend scheduling an appointment to make sure you'll be seen. You can do this by calling 305-348-8385 or through the [Patient Portal](#). Walk-in students with urgent needs will be evaluated by a nurse, and based on the situation, may be seen the same day, scheduled for a follow-up, or referred out.

Location: Student Health Center (SHC)

Phone: 305-348-8385

Website: studenthealth.fiu.edu





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Wellness & Recreation Centers

Offering fitness classes, state-of-the-art gym equipment, adventure excursions and more, the Wellness & Recreation Centers (WRC) have everything you need to live a fit and healthy lifestyle.



If you're a student, you're already a member! The fees assessed as part of your tuition cover your membership.

All you need is your valid Panther ID!



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FIU Food Pantry

The student food pantry provides non-perishable food items including canned proteins, fruits, dairy, vegetables, and soups, along with grains, oils and condiments. Toiletry items are also provided in our pantry.

The pantry is available to all currently enrolled FIU students. Proof of need is not required, and students can visit once a week, taking 8 pounds of food per visit. All you need is your FIU Onecard!



Contact

MMC Pantry: GC 319

Monday, Tuesday & Thursday - 12:00pm – 5:00pm

Wednesday- CLOSED

Friday- 11:00am – 3:00pm

BBC WUC 256

Monday, Wednesday & Thursday- 12:00pm – 5:00pm

Tuesday- CLOSED

Friday- 11:00am – 3:00pm

Both student food pantries close during university holidays and the weekends.

If you have questions, please contact us:

Phone: [305-348-6995](tel:305-348-6995) or [305-348-3204](tel:305-348-3204)
pantry@fiu.edu



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FIU Center for Excellence in Writing

Assist students in all stages of the writing process through face-to-face and online tutoring, workshops and community engagement. Whether you are brainstorming, drafting, revising or polishing, their writing consultants can assist you with papers, reports, and projects for any course in any department.



Make an appointment at:
writingcenter.fiu.edu

Contact Us

Center for Excellence in Writing

MMC: 11200 SW 8th Street, GL 125

Miami, FL 33199

Tel: [305-348-6634](tel:305-348-6634)

BBC: 3000 NE 151st Street, HL Second Floor

Miami, FL 33181

Tel: [305-919-4036](tel:305-919-4036)

Engineering Center: 10555 West Flagler Street, EC 2792

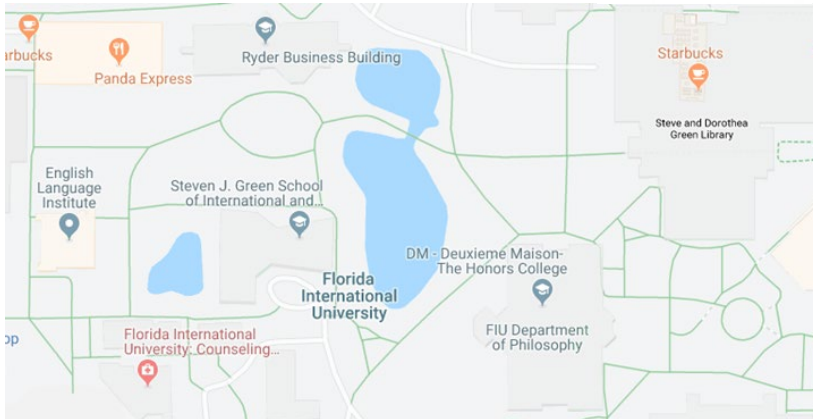
Miami, FL 33181

Tel: [305-348-6634](tel:305-348-6634)

fiucew@fiu.edu



Where's Tutoring?



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FREE!!!!

The **Center for Academic Success** has plenty of tutors who are able available to help you with your academic needs.

Online tutoring is also available.

Book a tutoring session today at:
cfas.fiu.edu

Stempel College Student Success Resources



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Stempel College Career Development

Overview

- One on one Career Coaching
- Career Exploration/Assessments (MBTI & Strong)
- Employment/Internship Opportunities
- Networking/Career Events
- Professional Development Workshops
- Handshake
- VMOCK



Contact

Ms. Isabel Capella

Career Specialist

icapella@fiu.edu

(305) 348-2264

Office of Student & Alumni Affairs

ACH5-142

Career Events



Wednesday, Sept 17 2025

[Internship Scape Room](#)

11:00 am – 12:00 pm

SACS 339

Thursday, Sept 18, 2025

[Communicate Like a Pro: Glow Up Your Internship Game](#)

11:00 am – 12:00 pm

Zoom & AHC5 - 400

Monday, Sept 29, 2025

[All Majors Career Fair](#)

12:00 pm-4:00 pm

FIU Arena

Monday, Oct 20, 2025

[Charge Your Resume with AI Magic](#)

2:00 pm -3:00 pm

Zoom & AHC5-300

Thursday, Oct 23, 2025

[Ready, Set, Prepare](#)

12:00 pm – 1:00 pm

Zoom

Tuesday & Wednesday, Oct 28 & 29, 2025

[HCA Day @ FIU](#)

2:00pm-3:00pm

Zoom

Tuesday, Nov 18, 2025

[Slay Your Interview](#)

2:00pm-3:00pm

Zoom

Tuesday, Nov 18, 2025

[LinkedIn Headshots](#)

11:30am-12:30pm

(SASC) 428

Thursday, Dec 4, 2025

[Beyond the Tassel: Career Tips for New Graduates](#)

2:00pm-3:00pm

Zoom

[Industry Talks and Information sessions](#) -events where employers come to campus to share their experiences and discuss their career paths



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(No subject)

RP

Roary Panther <izzyrawr@yahoo.com>

To: Isabel Capella

Note: This message originated from outside the FIU Faculty/Staff email system.

Hey professor,

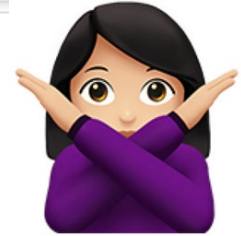
Are we doing anything important in class today? I have a doc appt bc im sick. I wanted to let you know that im not going to be there.

Peace out, lol

Izzy

Sent via the Samsung Galaxy S23 Ultra 5G, an AT&T 5G smartphone

Get [Outlook for Android](#)



DON'T

Missing PHC 6601 class on Thursday

RP

Roary Panther <rpant001@fiu.edu>

To: Isabel Capella

Good afternoon Professor Capella,

I am in your 10:00 AM PHC 6601 class on Thursdays. I wanted to let you know that I am will not be able to attend class because of a doctor's appointment. I have finished the required assignments on Canvas for this week. I'll be in class next week.

Thank you,

Roary Panther
1234567

☺ ↶ ↷ ↸
Thu 9/7/2023 11:51



DO

Financial Wellness



Irene Abad
iabad@fiu.edu
305-348-4692

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- Searching and applying for scholarships:
[Stempel College Funding page](#)
- Figuring out your tuition and account balance
- Accessing your financial aid funds
- Addressing Emergencies (Emergency Aid Fund)
- Offer *Funding Your Graduate Education* Workshop

FIU's Financial Wellness Program

- Workshops
- [iGrad](#) (Financial Literacy Platform)
- Financial Wellness Coaching

Perks

- FIU Panther TECH
 - FREE downloads of Microsoft Office and McAfee LiveSafe Antivirus
- FIU Library- Tech Hub
 - Borrow a laptop (6 hours loan)
 - Borrow other devices (accessories, headphones, cameras, calculators, etc.)
 - <https://library.fiu.edu/use/devices>
- Parking & Transportation
 - FreeBee- Free on-demand door to door transportation services for our FIU community, simply download the app
 - Panther Express- from MMC to BBC
 - CATS Shuttle- from MMC to EC
 - Sweetwater Trolley, Doral Trolley, and North Miami Shuttle Bus
 - Tire inflation station, charging stations, and vehicle jump start
 - <https://parking.fiu.edu/>
- FIU One-Card Rewards
 - Earn points and get prizes
 - <https://onecard.fiu.edu/>



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Student Discounts

- FIU Panther TECH
 - Greatly discounted software including major specific (ie: SPSS)
 - Computers, tablets, phones, repairs, etc.
- FIU Retail & Services
 - Retail- From FIU apparel to course materials, printing & shipping, optical care, and more
 - Services- From health & beauty, to automotive care, and banking
 - <https://shop.fiu.edu/>
- Public Transportation
 - Eligible full-time college students can ride transit at a 50% discounted rate as part of the College Discount Program – just \$56.25 per month!
 - <https://operations.fiu.edu/transportation/public-transportation/index.html>
- Children's Creative Learning Center
 - Must be full time student (9 cr. for undergrad and 6 cr. for grad)
 - Ages 2-5 years old
 - <https://dasa.fiu.edu/all-departments/childrens-creative-learning-center/>



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Student Discounts

- FIU Human Resources Perks
 - <https://hr.fiu.edu/employees-affiliates/benefits/perks-services/>
- Amazon Prime Student
 - As a FIU student, you receive a FREE six-month trial!
 - After your trial period, Prime Student membership makes you eligible to receive a 50% OFF on Amazon Prime
 - www.amazon.com/joinstudent
- Adrienne Arsht Center
 - Enter promo code FIUPANTHER prior to selecting your seats!
 - www.arshtcenter.org
- Phone Service Provider (AT&T, Sprint, T-Mobil, Verizon)
- Car Insurance (Geico)
- Tickets At Work
 - Company Code: FIUPANTHERS
 - <https://ticketsatwork.com/tickets/account.php?sub=enroll>
- Online stores via UniDays
 - <https://www.myunidays.com/US/en-US/content/about>



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Stay Connected!

Stempel College Office of Student & Alumni Affairs

AHC5-145

Monday thru Friday 8:30 am-5:00 pm

Phone: 305-348-7783

- Study Room – May reserve up to 3-hour time slots; up to two students at a time
- Events, Funding, and Career Opportunities – Weekly Newsletter
- Student Organizations & Collaboration with OSAA
- Student Resources <https://stempel.fiu.edu/students/index.html>

Follow Us!



@fiustempel

Stempel College Student Engagement



Attend a total of 3 events, workshops,
or activities offered by Stempel College
and receive a prize!



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Student Life at Stempel College

Student Organizations

Student Dietetics Association (SDA)

Alma Perez, President
president.sda@gmail.com

Association of Graduate Students in Dietetics & Nutrition (AGSDN)

Justienne Octavo, President
jocta002@fiu.edu

Student Social Work Association (SSWA)

Huston Ochoa, President
hocho001@fiu.edu



Stempel Public Health Association (SPHA)

Tendai Gwanzura, President
tgwanzur@fiu.edu

Environmental Health Sciences Association (EHSA)

Ruth Marquez, President
rnmarque@fiu.edu

Leaders in Maternal & Child Health (LMCH)

Denese Kellier, Member
dkell079@fiu.edu

Panther Connect:

<https://fiu.campuslabs.com/engage/>



Breakout Sessions

School of Social Work –
GL 100

Department of Dietetics &
Nutrition –
GL 165

Department of Public Health –
GL 100A

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