



Robert Stempel College  
of Public Health  
& Social Work

# Stempel College New Student Orientation

Spring 2022

# Agenda

- Welcome
- Office of Student and Alumni Affairs Overview
- Library Services
- Student Organizations Introduction
- Program Breakout Sessions

Link to Orientation page:

<https://go.fiu.edu/stempelnewstudentorientation>



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# Academic Programs at Stempel College

## *Department of Dietetics and Nutrition:*

Bachelor's  
Master's  
Ph.D.

## *Public Health Programs (MPH and PhD):*

- Biostatistics
- Epidemiology
- Infectious Disease
- Environmental Health Sciences
- Environmental Toxicology
- Health Promotion & Disease Prevention
- Maternal & Child Health
- Health Disparities

## *School of Social Work:*

Bachelor's  
Master's  
Ph.D.

## *Academy for International Disaster Preparedness:*

Bachelor's  
Master's



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# Office of Student & Alumni Affairs

## Meet the OSAA Team

Dr. Mark Macgowan – Associate Dean of Academic Affairs

Lauren Cavicchi – Assistant Director of Career Development

Irene Abad – Manager of Academic & Student Success

Jose Candelaria – Admissions Operations Manager

Zoraya Arguello – Sr. Coordinator of Public Health Programs

Fiorella Suyon – Public Health Admissions Coordinator

Sandhya Appunni – Data Analyst

Lorell Morales – Student Assistant

Julio Morales – Student Assistant

# Student Success



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# Office of Student & Alumni Affairs Overview

Located in AHC5 Room 145 | 305-348-7783

- Important Dates
- University Resources and Activities
- College Resources and Activities



## Student Success

- Professional Development
- Funding and Access to On-campus Resources
- Student Engagement
- Outreach and Staying Connected

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# IMPORTANT DATES:



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## New Graduate Student Orientation University Graduate School

### Part 1: General Information Session

Thursday, January 6, 2022 | 2:00pm to 3:30pm  
via *Zoom Webinar*

### Part 2: Graduate Student Life and Resources Panel

Friday, January 7, 2022 | 2:00pm to 4:00pm  
via *Zoom Webinar*

## International Student and Scholars Services Welcome International Student Session

Friday, January 7, 2022  
9:00-11:30 a.m.



# Panthers Protecting Panthers



[repopulation.fiu.edu](https://repopulation.fiu.edu)

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Our No. 1 priority is the continued wellbeing of our faculty, staff and students. To that end, and in consultation with our medical experts, we have instituted the following protocol:

- All faculty, staff and students must fill out the P3 app prior to coming to campus
- We recommend that facial coverings continue to be worn indoors
- Frequent washing of the hands, preferably with soap and water, must occur

FIU's COVID testing site is available to students, Monday through Friday, by appointment via P3 app. Appointments are available 8 a.m. - 3:30 p.m. Monday-Friday.

FIU has partnered with Curative to offer free COVID-19 testing at on-campus walk-up testing stations for students. To make an appointment, please visit [Curative.com](https://Curative.com).

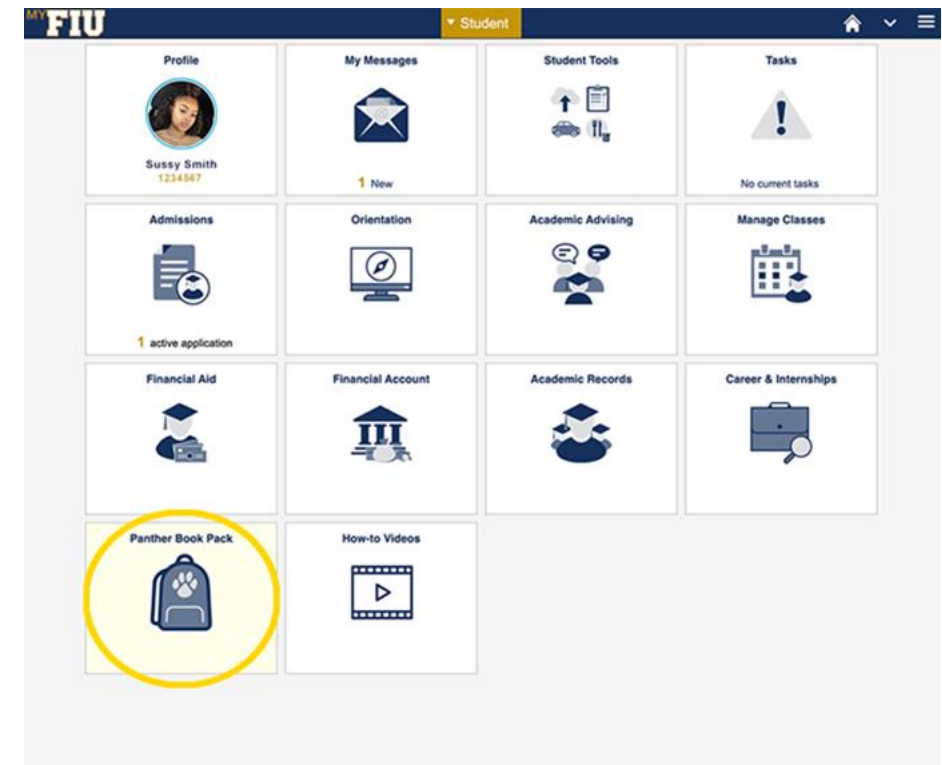
FIU urges all of our students to get the COVID-19 vaccine - offered at the Student Health Center by appointment only, visit [vaccines.nomihealth.com/fiu](https://vaccines.nomihealth.com/fiu).





The Panther Book Pack is an affordable course materials rental program providing all **undergraduate** students with their required course materials by the first day of class at a fixed rate of \$20 per credit hour. Students are estimated to save as much as \$375 on course materials per semester with the Panther Book Pack program.

Log in to MyFIU using your FIU credentials and locate the Panther Book Pack tile toward the bottom of the page.



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# OneStop

Phone/Chat Hours

Monday – Thursday: 9am – 8pm

Friday: 9am – 6pm

Last day to enroll without incurring a late enrollment fee: January 9<sup>th</sup>

Last day to Add/Drop: January 18<sup>th</sup>

Enrollment cancellation for non-payment: January 21<sup>st</sup>

First day of class? Monday, January 10<sup>th</sup>



# University Resources & Activities



## Professional Development

- Career & Talent Development: <https://career.fiu.edu>
- Center for Leadership and Service: <https://studentaffairs.fiu.edu/get-involved/leadership-and-service/>
- Workshops for Graduate Students:  
<http://gradschool.fiu.edu/events/category/workshop/>

## Other Resources

- Student Government Association
- Graduate & Professional Student Committee (GPSC)

# University Resources

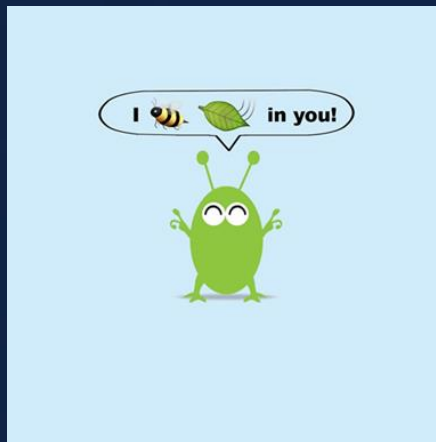
- Counseling & Psychological Services
  - Individual, group, online, and couples counseling
- Student Health Services- Healthy Living Program
  - Chair Massages
  - Aromatherapy oils
  - Dietitian Consultation
- Wellness & Recreation Center (AKA: Gym)
  - FREE classes and Fitness Assessment
- FIU Food Pantry
  - 10 pounds of food per week- currently located in GC 1210
  - <https://dasa.fiu.edu/all-departments/student-food-pantry/>
- Tutoring Services



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# FIU CAPS: Counseling and Psychological Services

Offers many services for students including online self-help, counseling, workshops, resources, anxiety/depression help, and a variety of other services! We are here to help you succeed!



## Contact

**To make an appointment with us, please call:**

**305-348-2277 (CAPS)**

Note: We continue to offer initial appointments through telehealth.

## Emergency/Crisis/After-Hours

If you are in need of immediate services outside of our normal operating hours, please call our 24-Hour hotline (305-348-2277 and follow prompts) to speak with a licensed clinician.

## MMC

SHC 270

305-348-2277

## Telehealth Hours of Operation

Monday - Friday: 8 AM - 5 PM

## Face-to-face Hours of Operation

By appointment



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# FIU Student Health Center

- Affordable and accessible student-focused medical care
- Pharmacy
- Healthy Living Program
- Stress Management
- Massage therapy/acupuncture
- Free aroma therapy oils
- And MORE!!!

In order to protect the well-being of students and staff, do not walk in to the clinic. Please call 305-348-8385 to schedule an appointment.

Location: Student Health Center (SHC)

Phone: 305-348-2401

Website: [studenthealth.fiu.edu](http://studenthealth.fiu.edu)







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# FIU Food Pantry

The pantry is available to all currently enrolled students. No proof of need is required, and students can access the pantry once a week taking up to 10 pounds of food each visit. All you need is your One card!



## Contact

### Contact

#### **Modesto Maidique Campus Pantry**

Location: GC 319

Monday 1:00-5:00pm

Tuesday 1:00-5:30pm

Wednesday 1:00-5:30pm

Thursday 1:00-5:00pm

Friday 11:00-2:00pm

#### **Biscayne Bay Campus Pantry**

Location: WUC 256

Monday 12:30-5:30pm

Tuesday 12:30-5:00pm

Wednesday 12:30-5:00pm

Thursday 12:30pm - 5:30pm

Friday 11:00-3:00pm





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# FIU Center for Excellence in Writing

Assist students in all stages of the writing process through face-to-face and online tutoring, workshops and community engagement. Whether you are brainstorming, drafting, revising or polishing, their writing consultants can assist you with projects such as papers, reports and projects for any course in any department.



## **Modesto A. Maidique Campus**

Green Library Room 125

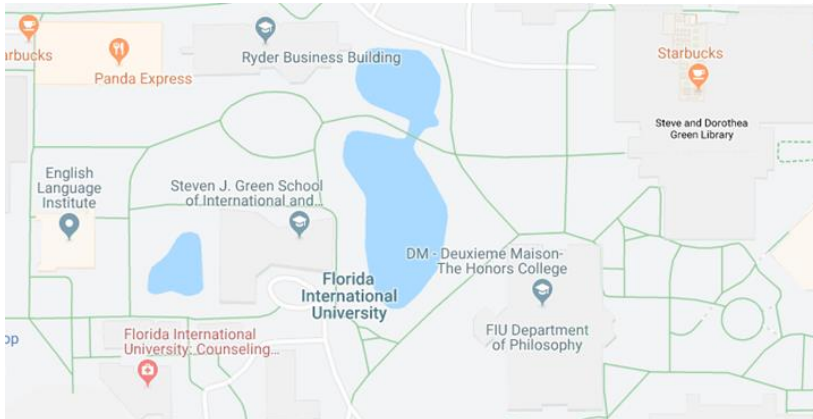
Monday - Thursday 9 a.m. - 8 p.m.

Friday 9 a.m. - 5 p.m.

Phone: 305-348-6634

Make an appointment at:  
[writingcenter.fiu.edu/](http://writingcenter.fiu.edu/)

# Where's Tutoring?

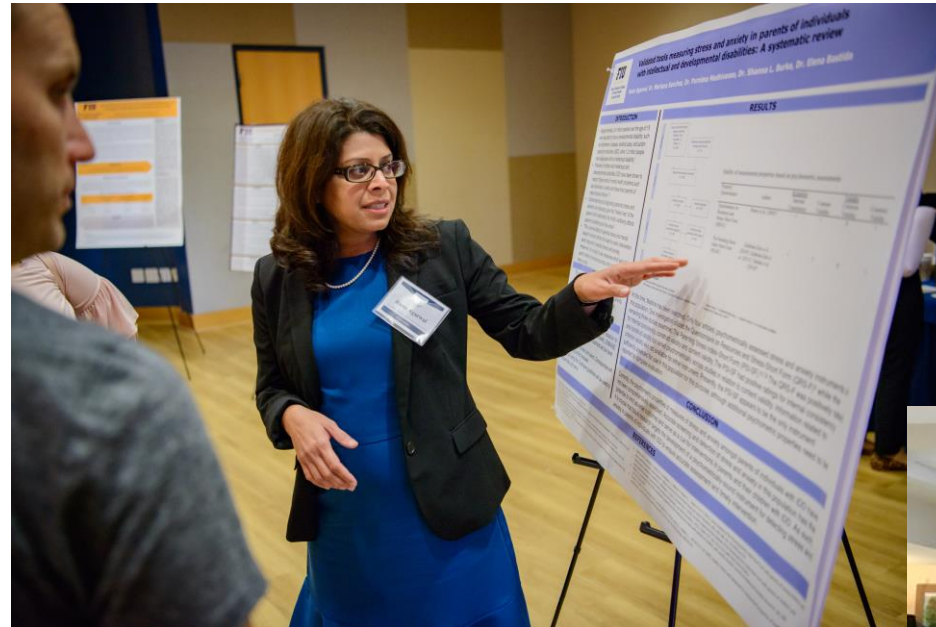


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- **FREE!!!!**
- Center for Academic Success- Online via Zoom: <https://cfas.fiu.edu/>
- Assistance for Academic Achievement (AAA) Tutoring- Fully Online via Zoom  
Email: [aaatutoring@fiu.edu](mailto:aaatutoring@fiu.edu)
- On-campus Housing Residents--  
Academic Resource Center (ARC)-  
University Towers 121

# Stempel College Student Success Resources



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# Career Events

Tuesday, February 8th– Zoom

Resume Writing: 3:00pm-4:00pm

CV Writing: 4:00pm-5:00pm

Tuesday, March 15th– Zoom

Job Search Strategies

5:00pm-6:00pm

Wednesday, April 13<sup>th</sup> – Zoom

How to Prepare for an Interview

2:00pm-3:00pm

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# Stempel College Career Development Overview

- One on one Career Coaching
- Career Exploration/Assessments (MBTI & Strong)
- Employment/Internship Opportunities
- Networking/Career Events
- Professional Development Workshops
- Handshake





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**IT STARTS WITH  
A HANDSHAKE.**



**hi handshake**

**FIU**

Career and Talent  
Development

Career Development Resources

**HANDSHAKE IS FIU'S NEW DATABASE FOR  
CAREER OPPORTUNITIES AND EVENTS.**

**Use Handshake to:**

- ✓ apply to internships, full-time and part-time jobs
- ✓ make an appointment to meet with a career coach
- ✓ see upcoming workshops, career fairs and events
- ✓ find employers for on campus interviews

**FIU.JOINHANDSHAKE.COM**

# Career Prep Starts Today!

## Communicating with Your Professors

- Use and check your FIU email
  - Do not use your [2cute4u@something.com](mailto:2cute4u@something.com) or [McLovin@something.com](mailto:McLovin@something.com)
- Informative subject line
- Begin with a formal greeting
  - ie: Good Afternoon, Dear, Hello, or Greetings Professor \_\_\_\_\_  
(NOT: hey, what's up)
- No text-emailing (slang, emoticons, abbreviations)
  - ie: How r u?, Thx 4 ur help, idk what 2 rite
- Ask clear questions or provide clear statements
  - Be concise and professional
- Check your grammar (punctuation, spelling)
- Close email properly and include your name and panther ID
  - Sincerely, Best Regards, Thank you





# Career Development Contact Information

Ms. Lauren Cavicchi, Assistant Director

Career Development

[lcavicch@fiu.edu](mailto:lcavicch@fiu.edu)

(305) 348-2264

Stempel College Office of Student & Alumni Affairs

AHC5-142

Professional Development Workshop Calendar:

<https://stempel.fiu.edu/students/careers/index.html>



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# Financial Wellness



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Topics to be covered:

- Searching and applying for scholarships
- ***Funding Your Graduate Education***
- Addressing Emergencies (Emergency Aid Fund)
- Figuring out your tuition and account balance
- Accessing your financial aid funds
- Budgeting and managing your funds

## FIU's Financial Wellness Program



# Scholarships

- Stempel College
  - <https://stempel.fiu.edu/students/funding-your-education/index.html>
- FIU Scholarships and Academic Works
  - <https://fiu.academicworks.com>
- Office of Scholarships
  - <https://scholarships.fiu.edu>
- Honors College
  - <https://honors.fiu.edu/current-students/scholarships/>
- OneStop
  - <https://onestop.fiu.edu/finances/types-of-aid/scholarships/>
- University Graduate School
  - <http://gradschool.fiu.edu/students/funding/>
- International Student & Scholar Services
  - <https://iss.fiu.edu/finances-taxes/financial-resources/>



# Perks

- FIU Panther TECH
  - FREE downloads of Microsoft Office and McAfee LiveSafe Antivirus
- FIU Library- Tech Hub
  - Borrow a laptop (4 hours or up to 3 days)
  - Borrow other devices (tablets, accessories, Kindle, calculators, GPS, etc.)
  - <https://library.fiu.edu/using-the-library/device-checkout>
- Parking & Transportation
  - FreeBee- Free on-demand door to door transportation services for our FIU community, simply download the app
  - Panther Mover- MMC shuttle between PC loading dock and Panther Garage
  - Panther Express- from BBC to MMC
  - CATS Shuttle- from MMC to EC
  - <https://parking.fiu.edu/>
- FIU One-Card Rewards
  - Earn points and get prizes
  - <https://onecard.fiu.edu/>



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# Student Discounts

- FIU Panther TECH
  - Greatly discounted software including major specific (ie: SPSS)
  - Computers, tablets, phones, repairs, etc.
- FIU Retail & Services
  - Retail- From FIU apparel to course materials, printing & shipping, optical care, and more
  - Services- From health & beauty, to automotive care, and banking
  - <https://shop.fiu.edu/>
- Children's Creative Learning Center
  - Must be full time student (9 cr. for undergrad and 6 cr. for grad)
  - Ages 2-5 years old
  - <https://dasa.fiu.edu/all-departments/childrens-creative-learning-center/>
- FIU Bike Shop
  - Discount on repairs, etc.
  - <https://dasa.fiu.edu/all-departments/bike-shop/>



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# Student Discounts

- Tickets At Work
  - Company Code: FIUPANTHERS
  - <https://ticketsatwork.com/tickets/account.php?sub=enroll>
- FIU Human Resources Perks
  - <https://hr.fiu.edu/employees-affiliates/benefits/perks-services/>
- Amazon Prime Student
  - To Sign Up, all you need is your FIU email!
- Adrienne Arsht Center- Utix
- Online stores via UniDays
  - <https://www.myunidays.com/US/en-US/content/about>
- Phone Service Provider (AT&T, Sprint, T-Mobil, Verizon)
- Car Insurance (Geico)



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# Stay Connected!

Stempel College Office of Student & Alumni Affairs

AHC5-145

Monday thru Friday 8:30 am-5:00 pm

Phone: 305-348-7783

- Events, Funding, and Career Opportunities—Weekly Newsletter
- Student Organizations & Collaboration with OSAA
- Student Resources <https://stempel.fiu.edu/students/index.html>

**Follow Us!**



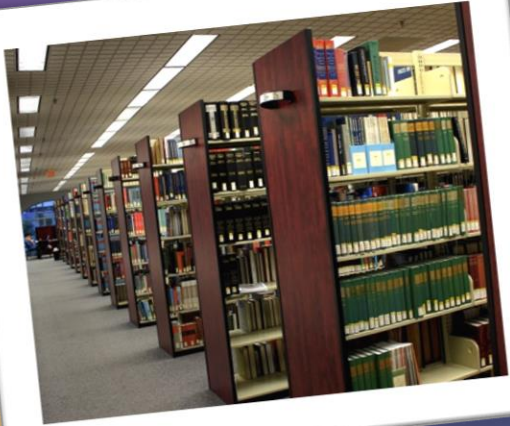
**@fiustempel**



# FIU Libraries: Resources & Services

# FIU

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Ramces Marsilli, MLIS  
Health Sciences Librarian



# What You Need to Know

- Find Us: Onsite and Online
- Sign In to Library Website
- Find Books and Other Materials
- Use Research Guides
- Get Help



# Onsite: Green and Hubert Libraries

MMC: Green Library

BBC: Hubert Library



Bring your FIU One Card!



# Access to the Library

- Your FIU One card also doubles as your library card.
- You will be able to:
  - Access the Green Library
  - Reserve Study Rooms
- You will be able to check out:
  - Books
  - Calculators
  - Laptops
  - Chargers

And More!

**FIU** *one* **card**  
**The *Only* Card**  
**You Need!**

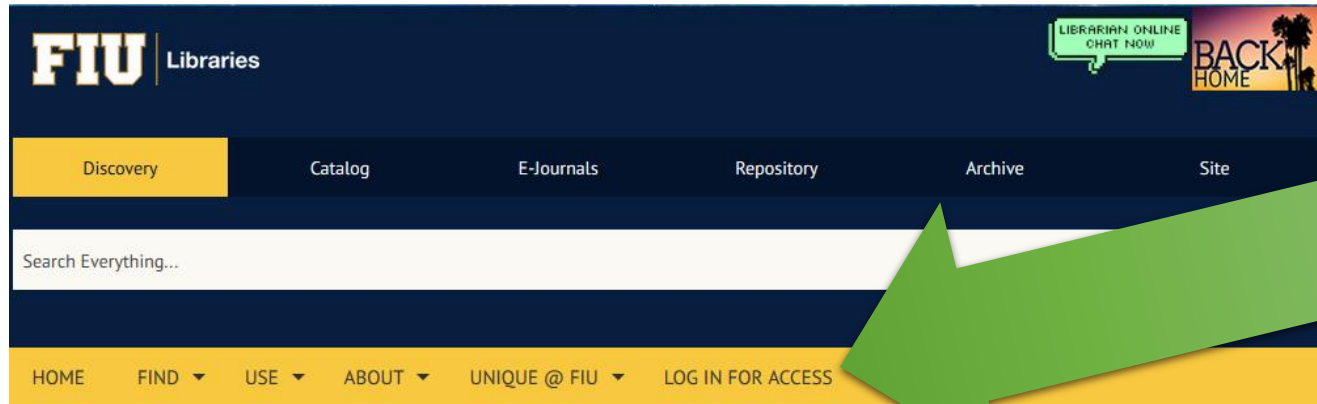


**FIU**  
**Libraries**



# Online

[library.fiu.edu](http://library.fiu.edu)



Use your  
Canvas (email)  
or library  
account  
information to  
log in.

## Popular Services



## Time & Space

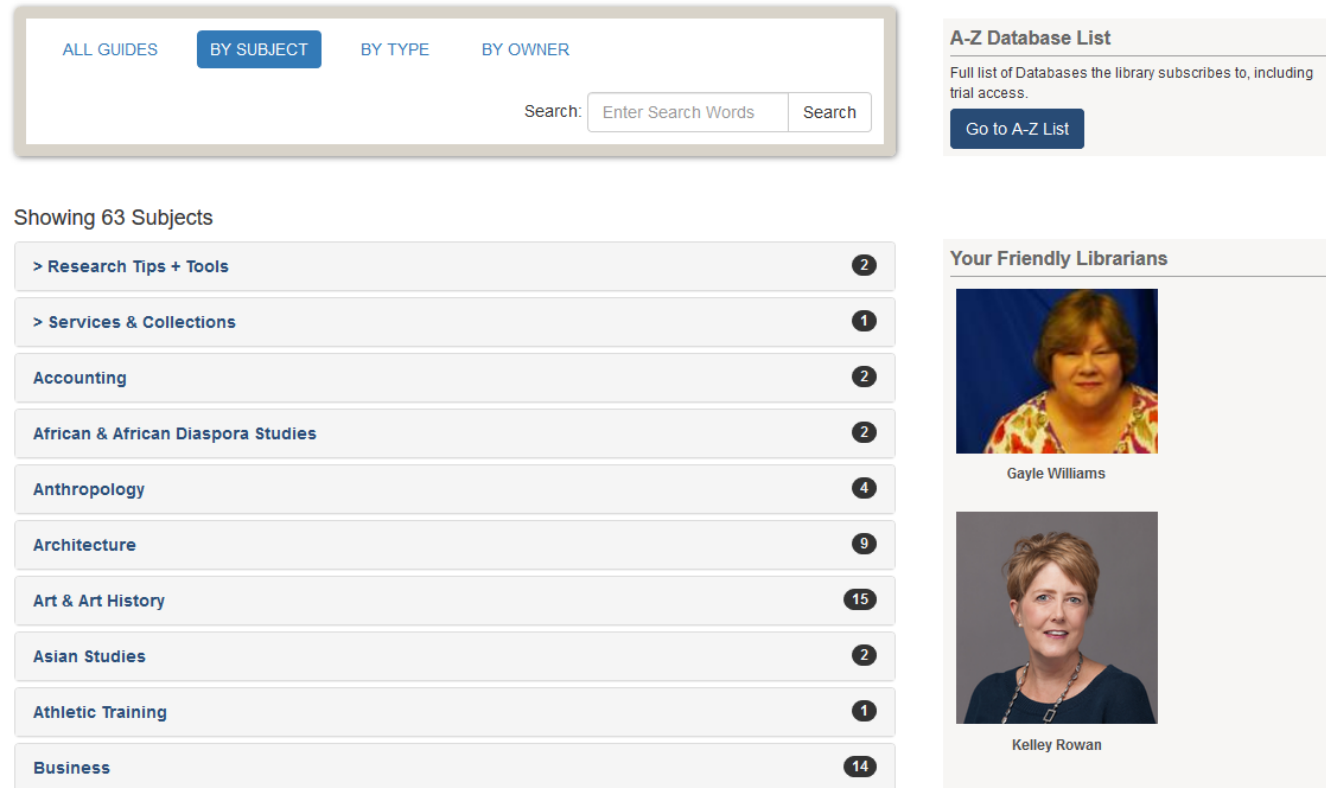
Green Library	8am – 8pm
Hubert Library	8am – 8pm
Engineering Library Services	8:30am – 5pm

Hours	Study Rooms
Calendars	Renewals



# Research Guides

- Research and database help guides created by librarians to make your life easier.
- Find your subject to begin.
  - Public Health
  - Dietetics & Nutrition
  - Social Work



The screenshot displays the Research Guides website. At the top, there are navigation tabs: 'ALL GUIDES', 'BY SUBJECT' (which is highlighted), 'BY TYPE', and 'BY OWNER'. Below these tabs is a search bar with the placeholder text 'Enter Search Words' and a 'Search' button. To the right of the search bar, there is a section titled 'A-Z Database List' with a description: 'Full list of Databases the library subscribes to, including trial access.' and a 'Go to A-Z List' button. Below the search bar, it says 'Showing 63 Subjects'. A list of subjects is displayed, each with a right-pointing arrow and a number in a circle indicating the number of guides available. The subjects listed are: Research Tips + Tools (2), Services & Collections (1), Accounting (2), African & African Diaspora Studies (2), Anthropology (4), Architecture (9), Art & Art History (15), Asian Studies (2), Athletic Training (1), and Business (14). To the right of the subject list, there is a section titled 'Your Friendly Librarians' featuring two portraits of librarians: Gayle Williams and Kelley Rowan.

ALL GUIDES BY SUBJECT BY TYPE BY OWNER

Search: Enter Search Words Search

A-Z Database List

Full list of Databases the library subscribes to, including trial access.

Go to A-Z List

Showing 63 Subjects

> Research Tips + Tools	2
> Services & Collections	1
Accounting	2
African & African Diaspora Studies	2
Anthropology	4
Architecture	9
Art & Art History	15
Asian Studies	2
Athletic Training	1
Business	14

Your Friendly Librarians

Gayle Williams

Kelley Rowan



# Public Health Guide

Guide and help center for students and researchers in public health at FIU.


**welcome**

find background info.

find articles

about scholarly sources  
& peer review

find books, media, & more

find data & statistics 

specialized public health  
resources

cite right

feedback & get help

**contact  
information**

## welcome to the public health guide



This LibGuide is designed to be a help center for FIU public health students and researchers. Explore the tabs above to learn how to access materials through the FIU libraries, use research databases, cite sources, and much more.



# Dietetics and Nutrition Guide

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Guide and help center for students and researchers in dietetics and nutrition at FIU.

## welcome

welcome to the  
dietetics & nutrition  
guide

related libguides

fiu libraries  
information

find background info.

find articles

about scholarly sources  
& peer review

find books, media, & more

find data & statistics ☐

specialized dietetics &  
nutrition resources

cite right

feedback & get help

## welcome to the dietetics & nutrition guide

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This LibGuide is designed to be a help center for FIU dietetics and nutrition students and researchers. Explore this guide to learn how to access materials through the FIU libraries, use research databases, cite sources, and much more.

# Social Work Guide

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Guide and help center for students and researchers in social work at FIU.

## welcome

welcome to the social  
work guide

related guides

fiu libraries  
information

find background info.

find articles

about scholarly sources  
& peer review

find books, media, & more

find tests & measures

find data & statistics ☐

find websites

specialized social work  
resources

cite right

feedback & get help

## welcome to the social work guide

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This LibGuide is designed to be a help center for FIU social work students and researchers. Explore the tabs above to learn how to access materials through the FIU libraries, use research databases, view counseling therapy videos online, cite sources, and much more.

## related guides

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**Your Librarian:**

**Ramces Marsilli MLIS, MM**  
**Health Sciences Librarian**

Email: [rmarsill@fiu.edu](mailto:rmarsill@fiu.edu)

Phone: (305) 348-4851

Office: GL 233B (MMC)



**At the Libraries:**

Visit the 2<sup>nd</sup> Floor Information & Research  
Services/ASK Desk



**Thank You**  
Questions?





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# Student Life at Stempel College

## Student Organizations

### Student Dietetics Association (SDA)

Jordan Faith, President

[president.sda@gmail.com](mailto:president.sda@gmail.com)

### Association of Graduate Students in Dietetics & Nutrition (AGSDN)

### Student Social Work Association (SSWA)

Maiah Duckstein, President

[mduck001@fiu.edu](mailto:mduck001@fiu.edu)

### Environmental Health Student Association (EHSA)

Juan Morales, President

[jumorale@fiu.edu](mailto:jumorale@fiu.edu)

### Leaders in Maternal and Child Health (LMCH)

Osmari Novoa, President

[onovoa@fiu.edu](mailto:onovoa@fiu.edu)

<https://go.fiu.edu/stempelorgs>

# Breakout Sessions via Zoom (links in chat)

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