



Robert Stempel College
of Public Health
& Social Work

Complete our **Orientation Survey!**





Robert Stempel College
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Stempel College New Student Orientation

Spring 2025

Agenda

- Welcome
- Office of Student and Alumni Affairs Overview
- Library Services
- Student Organizations Introduction
- Program Breakout Sessions

Link to Orientation page:

<https://go.fiu.edu/stempelnewstudentorientation>

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Academic Programs at Stempel College

Department of Dietetics and Nutrition:

Bachelor's
Master's
Ph.D.

Public Health Programs (MPH and PhD):

- Biostatistics
- Epidemiology
- Infectious Disease
- Environmental Health Sciences
- Environmental Toxicology
- Global Health
- Health Promotion & Disease Prevention
- Maternal & Child Health
- Health Disparities
- MPH Online Generalist

School of Social Work:

Bachelor's
Master's
Ph.D.

Academy for International Disaster Preparedness:

Bachelor's
Master's

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Office of Student & Alumni Affairs AHC5 – 145



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Meet the OSAA Team

Dr. Susy Gómez – Assistant Dean of Student & Alumni Affairs

Isabel Capella – Career Specialist

Irene Abad – Manager of Academic & Student Success

Jose Candelaria – Admissions Manager & Recruiter

Zoraya Arguello – Sr. Coordinator of Public Health Programs

Fiorella Suyon – Public Health Admissions Coordinator

Sandhya Appunni – Data Analyst

Marcelo Escobar – Student Assistant

Student Success



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IMPORTANT DATES:



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New Graduate Student Orientation University Graduate School

Part I: Online Orientation

Visit: <https://gradorientation.fiu.edu/>

Part II: Welcome Session & Graduate Resource Fair Tuesday, January 14, 2025

12:00pm to 1:30pm

MARC Pavilion – 2nd floor

International Student and Scholars Services International Immigration Orientation

Friday, January 3, 2025

2:00pm to 4:00pm

Student Academic Success Center (SASC) 160



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OneStop

Phone/Chat Hours

Monday – Friday: 9am – 5pm

onestop.fiu.edu/contact/onestop/

Last day to enroll without incurring a late enrollment fee: [January 5th](#)

Last day to Add/Drop: [January 13th](#)

Enrollment cancellation for non-payment: [January 16th](#)

First day of class? [Monday, January 6th](#)

University Resources



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FIU CAPS: Counseling and Psychological Services

Offers many services for students including online self-help, counseling, workshops, resources, anxiety/depression help, and a variety of other services! We are here to help you succeed!

Website: caps.fiu.edu

Contact

To make an appointment with us, please call the offices at MMC or BBC.

Appointments will be held over the phone or by videoconference (through a HIPAA-compliant platform).

Modesto A. Maidique Campus

Student Health Center (SHC) 270
[305-348-2277](tel:305-348-2277) (CAPS)

Monday - Friday: 8 AM - 5 PM

Biscayne Bay Campus

Wolfe University Center (WUC) 320
[305-919-5305](tel:305-919-5305)

Monday - Friday: 8 AM - 5 PM

Follow us!



Counseling & Psychological Services (CAPS) currently offers the following on-campus services:



Group Counseling



Individual and couples counseling



Psycho-educational testing



Biofeedback



Medication management



Trauma and victimization



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FIU Student Health Center

- Affordable and accessible student-focused medical care
- Pharmacy
- Healthy Living Program
- Stress Management
- Massage therapy/acupuncture
- Free aroma therapy oils
- And MORE!!!

Currently seeing students by appointment only. In-person and telehealth meeting options are available. In order to protect the well-being of students and our staff, they are not accepting walk-in appointments. Please call 305-348-8385 or use the **MyHealthInfo Portal** to schedule an appointment.

Location: Student Health Center (SHC)

Phone: 305-348-8385

Website: studenthealth.fiu.edu

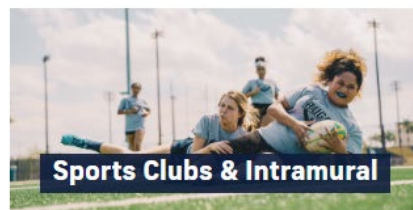




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Wellness & Recreation Centers

Offering fitness classes, state-of-the-art gym equipment, adventure excursions and more, the Wellness & Recreation Centers (WRC) have everything you need to live a fit and healthy lifestyle.



If you're a student, you're already a member! The fees assessed as part of your tuition cover your membership.

All you need is your valid Panther ID!



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FIU Food Pantry

The student food pantry provides non-perishable food items including canned proteins, fruits, dairy, vegetables, and soups, along with grains, oils and condiments. Toiletry items are also provided in our pantry.

The pantry is available to all currently enrolled FIU students. Proof of need is not required, and students can visit once a week, taking 8 pounds of food per visit. All you need is your FIU Onecard!



Contact

Modesto Maidique Campus Pantry

MMC Pantry: GC 319

Monday – Thursday - 12:00pm – 5:00pm

Friday- 11:00am – 3:00pm

Biscayne Bay Campus Pantry

Location: WUC 256

BBC WUC 256

Monday – Thursday 12:00pm – 5:00pm

Friday CLOSED



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FIU Center for Excellence in Writing

Assist students in all stages of the writing process through face-to-face and online tutoring, workshops and community engagement. Whether you are brainstorming, drafting, revising or polishing, their writing consultants can assist you with papers, reports, and projects for any course in any department.



Make an appointment at:
writingcenter.fiu.edu

Contact Us

Center for Excellence in Writing

MMC: 11200 SW 8th Street, GL 125

Miami, FL 33199

Tel: [305-348-6634](tel:305-348-6634)

BBC: 3000 NE 151st Street, HL Second Floor

Miami, FL 33181

Tel: [305-919-4036](tel:305-919-4036)

Engineering Center: 10555 West Flagler Street, EC 2792

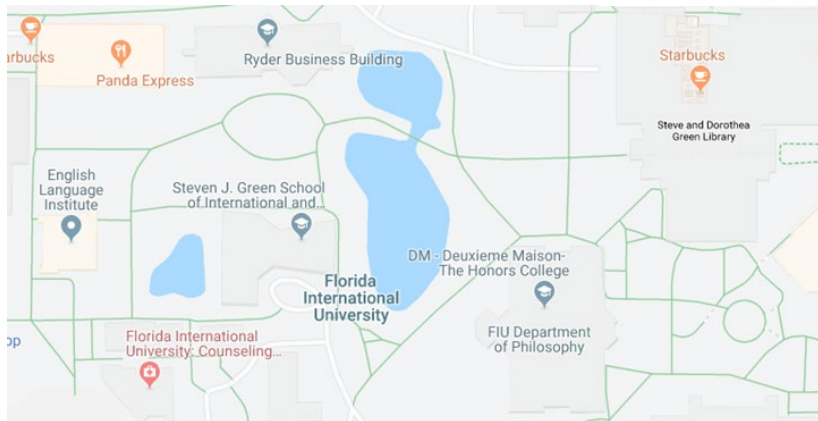
Miami, FL 33181

Tel: [305-348-6634](tel:305-348-6634)

fiucew@fiu.edu



Where's Tutoring?



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FREE!!!!

The **Center for Academic Success** has plenty of tutors who are able available to help you with your academic needs.

Online tutoring is also available.

Book a tutoring session today at:
cfas.fiu.edu

Stempel College Student Success Resources



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Stempel College Career Development

Overview

- One on one Career Coaching
- Career Exploration/Assessments (MBTI & Strong)
- Employment/Internship Opportunities
- Networking/Career Events
- Professional Development Workshops
- Handshake
- VMOCK

Contact

Ms. Isabel Capella

Career Specialist

icapella@fiu.edu

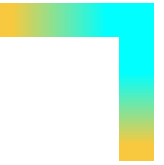
(305) 348-2264

Office of Student & Alumni Affairs

ACH5-142



Career Events



Thursday, January 23, 2025

[Charge Your Resume with Vmock AI Magic](#)

2:00pm-3:00pm

Zoom

Monday, February 3, 2025

[All Majors Career Fair](#)

12:00pm-4:00pm

FIU Arena

Thursday, February 6, 2025

[Prepare for the STEMPEL Career Fair](#)

2:00pm-3:00pm

Zoom

Thursday, February 10, 2025

[Level Up your Elevator Pitch](#)

2:00pm -5:00pm

PCA 135

Thursday, February 13, 2025

[STEMPEL Career Fair](#)

4:00pm-7:00pm

CBC 232

Wednesday, March 26, 2025

[LinkedIn Headshots](#)

11:00am-12:00pm

(SASC) 428

Thursday, March 27, 2025

[Slay Your Interview](#)

2:00pm-3:00pm

Zoom

Thursday, April 3, 2025

[How Do I Know If A Job Is Right For Me?](#)

11:00am-12:00pm

Zoom

Thursday, April 10, 2025

[Creating your Brand](#)

2:00pm-3:00pm

Zoom

Thursday, April 17, 2025

[Beyond the Tassel: Career Tips for New Graduates](#)

2:00pm - 3:00pm

Zoom

Industry Talks and Information sessions -events where employers come to campus to share their experiences and discuss their career paths

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STEMPEL COLLEGE CAREER FAIR

In partnership with FIU Career and Talent Development

Thursday, February 13, 2025

4:00 P.M. - 7:00 P.M.

College of Business Complex, CBC 232



(No subject)

RP Roary Panther <izzyrawr@yahoo.com>
To: Isabel Capella

Note: This message originated from outside the FIU Faculty/Staff email system.

Hey professor,
Are we doing anything important in class today? I have a doc appt bc im sick. I wanted to let you know that im not going to be there.
Peace out, lol
Izzy

Sent via the Samsung Galaxy S23 Ultra 5G, an AT&T 5G smartphone
Get [Outlook for Android](#)



DON'T

Missing PHC 6601 class on Thursday

RP Roary Panther <rpant001@fiu.edu>
To: Isabel Capella

☺ ← ↶ ↷ Thu 9/7/2023 11:51

Good afternoon Professor Capella,

I am in your 10:00 AM PHC 6601 class on Thursdays. I wanted to let you know that I am will not be able to attend class because of a doctor's appointment. I have finished the required assignments on Canvas for this week. I'll be in class next week.

Thank you,

Roary Panther
1234567



DO

Financial Wellness



Irene Abad
iabad@fiu.edu
305-348-4692

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- Searching and applying for scholarships:
<https://stempel.fiu.edu/students/funding-your-education/index.html>
- Figuring out your tuition and account balance
- Accessing your financial aid funds
- Addressing Emergencies (Emergency Aid Fund)
- Offer *Funding Your Graduate Education* Workshop

FIU's Financial Wellness Program

finwell.fiu.edu

- Workshops
- [iGrad](#) (Financial Literacy Platform)
- Financial Wellness Coaching

Perks

- FIU Panther TECH
 - FREE downloads of Microsoft Office and McAfee LiveSafe Antivirus
- FIU Library- Tech Hub
 - Borrow a laptop (4 hours or up to 3 days)
 - Borrow other devices (tablets, accessories, Kindle, calculators, flipcams, etc.)
 - <https://library.fiu.edu/using-the-library/device-checkout>
- Parking & Transportation
 - FreeBee- Free on-demand door to door transportation services for our FIU community, simply download the app
 - Panther Express- from MMC to BBC
 - CATS Shuttle- from MMC to EC
 - Sweetwater Trolley, Doral Trolley, and North Miami Shuttle Bus
 - Tire inflation station, charging stations, and vehicle jump start
 - <https://parking.fiu.edu/>
- FIU One-Card Rewards
 - Earn points and get prizes
 - <https://oncard.fiu.edu/>



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Student Discounts

- FIU Panther TECH
 - Greatly discounted software including major specific (ie: SPSS)
 - Computers, tablets, phones, repairs, etc.
- FIU Retail & Services
 - Retail- From FIU apparel to course materials, printing & shipping, optical care, and more
 - Services- From health & beauty, to automotive care, and banking
 - <https://shop.fiu.edu/>
- Public Transportation
 - Eligible full-time college students can ride transit at a 50% discounted rate as part of the College Discount Program – just \$56.25 per month!
 - <https://operations.fiu.edu/transportation/public-transportation/index.html>
- Children's Creative Learning Center
 - Must be full time student (9 cr. for undergrad and 6 cr. for grad)
 - Ages 2-5 years old
 - <https://dasa.fiu.edu/all-departments/childrens-creative-learning-center/>

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shop**FIU**

Student Discounts

- FIU Human Resources Perks
 - <https://hr.fiu.edu/employees-affiliates/benefits/perks-services/>
- Amazon Prime Student
 - As a FIU student, you receive a FREE six-month trial!
 - After your trial period, Prime Student membership makes you eligible to receive a 50% OFF on Amazon Prime
 - www.amazon.com/joinstudent
- Adrienne Arsht Center
 - Enter promo code FIUPANTHER prior to selecting your seats!
 - www.arshtcenter.org
- Phone Service Provider (AT&T, Sprint, T-Mobil, Verizon)
- Car Insurance (Geico)
- Tickets At Work
 - Company Code: FIUPANTHERS
 - <https://ticketsatwork.com/tickets/account.php?sub=enroll>
- Online stores via UniDays
 - <https://www.myunidays.com/US/en-US/content/about>

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Stay Connected!

Stempel College Office of Student & Alumni Affairs
AHC5-145

Monday thru Friday 8:30 am-5:00 pm

Phone: 305-348-7783

- Study Room – May reserve up to 3-hour time slots; up to two students at a time
- Events, Funding, and Career Opportunities – Weekly Newsletter
- Student Organizations & Collaboration with OSAA
- Student Resources <https://stempel.fiu.edu/students/index.html>

Follow Us!



@fiustempel

Stempel College Student Engagement



Attend a total of 3 events, workshops,
or activities offered by Stempel College
and receive a prize!



STEMPEL COLLEGE **RESEARCH DAY**

A showcase of our
students' efforts and
engagement in research.

Friday, March 7th, 2025
9:00 a.m. - 5:00 p.m.
College of Business Complex
Room 232



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Student Life at Stempel College

Student Organizations

Student Dietetics Association (SDA)

Candela Giacchino, President
president.sda@gmail.com

Association of Graduate Students in Dietetics & Nutrition (AGSDN)

Ammie Martinez, President
amart1287@fiu.edu

Student Social Work Association (SSWA)

Huston Ochoa, President
hocho001@fiu.edu



Stempel Public Health Association (SPHA)

Shirley Campos, President
scamp138@fiu.edu

Environmental Health Sciences Association (EHSa)

Ruth Marquez, President
rnmarque@fiu.edu

Leaders in Maternal & Child Health (LMCH)

Debra Dhaity, President
ddhai002@fiu.edu

Panther Connect:

<https://fiu.campuslabs.com/engage/>



Breakout Sessions

Social Work

<https://fiu.zoom.us/j/87541626807>

Dietetics & Nutrition

<https://fiu.zoom.us/j/82832097995?pwd=cO9bs4sUM3axgwuanjKUPJrRThqIH>
H.1

Public Health

<https://fiu.zoom.us/j/89887747675?pwd=69xRXiz4YoftxHczyrULIq2A1wou4d.1>

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